

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
1	85	Richard	Harper	Open	1	M	1	Run Wednesdays	0:17:57.10	0:17:57.80
2	4014	Craig	Hardwick	Open	2	M	2	Hardwick 100	0:18:07.65	0:18:08.90
3	143	Martyn	Reynolds	Open	3	M	3	Bexhill Runners & Triathletes	0:18:47.40	0:18:48.00
4	4016	Tom	Foster	Open	4	M	4	Legs Miserables	0:19:03.05	0:19:06.00
5	33	William	Carey	Open	5	M	5	Bexhill Runners & Triathletes	0:19:25.25	0:19:25.95
6	39	Jack	Chivers	M40	1	M	6	Haywards Heath Harriers	0:19:32.80	0:19:33.50
7	4	John A	Baldock	Open	6	M	7		0:19:32.00	0:19:34.00
8	34	Aaron	Carr	Open	7	M	8		0:19:37.15	0:19:39.35
9	60	Mark	Dobbs	M40	2	M	9	Hastings ac	0:19:50.20	0:19:52.20
10	4015	Andrew	Barber	Open	8	M	10	Legs Miserables	0:20:07.75	0:20:10.30
11	25	Chris	Brandt	M50	1	M	11	Hastings AC	0:20:15.20	0:20:16.50
12	140	Matthew	Quinton	Open	9	M	12	Haywards heath harriers	0:20:35.65	0:20:36.65
13	171	Ian	Weston	M50	2	M	13	Polegate Plodders	0:20:45.15	0:20:47.05
14	4017	James	Willingham	M40	3	M	14	Legs Miserables	0:20:51.20	0:20:53.85
15	28	Sam	Brown	Open	10	M	15	Bexhill Runners & Triathletes	0:20:58.95	0:21:00.05
16	38	Lewis	Catt	Open	11	M	16	Heart and sole	0:21:13.15	0:21:15.80
17	164	Adrian	Tavener	M40	4	M	17		0:21:22.90	0:21:24.05
18	4028	Andrew	Saych	M45	1	M	18	The Two T's & Andy	0:21:22.80	0:21:25.25
19	79	Lucy	Hall	Junior	1	F	1	Bracknell AC	0:21:27.25	0:21:28.05
20	4012	Neal	Hardwick	M40	5	M	19	Hardwick 100	0:21:28.45	0:21:32.95
21	118	Nicola	Morris	F45	1	F	2	Tunbridge Wells Harriers	0:21:37.15	0:21:39.15
22	64	Cieran	Fitzgerald	Open	12	M	20		0:22:34.85	0:22:42.90
23	149	Harry	Russell	Junior	1	M	21	Haywards Heath Harriers	0:22:56.55	0:22:58.90
24	150	Jason	Russell	M40	6	M	22	Haywards Heath Harriers	0:22:56.85	0:22:59.30
25	27	Maddie	Brandt	Junior	2	F	3		0:22:58.35	0:23:01.15
26	181	Robert	Young	M45	2	M	23	Eastbourne rovers	0:23:13.55	0:23:17.35
27	73	Christopher	Glanfield	Open	13	M	24	Haywards heath harriers	0:23:37.05	0:23:39.80
28	63	Hannah	Eyre-Weeks	Open	1	F	4		0:23:42.25	0:23:45.20
29	4004	Mary	Cormack	Open	2	F	5	2 men and a little lady.	0:24:01.90	0:24:03.80
30	4003	Paul	Hollis	M45	3	M	25	2 men and a little lady.	0:24:01.25	0:24:03.90
31	4005	Peter	Salter	M50	3	M	26	2 men and a little lady.	0:24:01.65	0:24:04.00
32	4021	Tony	Newman	M50	4	M	27	The good, the bad and the ugly!	0:24:02.05	0:24:10.15
33	4008	Amanda	Williams	F40	1	F	6	AKED ARMY	0:24:01.95	0:24:11.35
34	4006	Cheryl	Duke	Open	3	F	7	AKED ARMY	0:24:02.35	0:24:11.40
35	12	Sarah	Bendle	F40	2	F	8		0:24:12.55	0:24:19.45
36	51	Rowan	Crouch	Junior	2	M	28	BRT	0:24:31.80	0:24:32.70
37	92	Alasdair	Hobbs	Junior	3	M	29		0:24:17.25	0:24:38.30
38	4007	Kirsty	Aked	Open	4	F	9	AKED ARMY	0:24:32.55	0:24:41.65
39	4001	Christopher	Marr	Open	14	M	30	151 Reg RLC	0:24:33.30	0:24:42.80
40	4000	Andrew	Bare	M40	7	M	31	151 Reg RLC	0:24:33.30	0:24:42.95
41	52	Matthew	Dargan	M45	4	M	32		0:24:53.05	0:24:54.65
42	4013	Martin	Hurry	Open	15	M	33	Hardwick 100	0:24:53.15	0:24:57.40
43	8	Stephanie	Bassett	F40	3	F	10	Mark Bassett	0:25:03.80	0:25:08.05
44	4010	Stuart	Woolford	M40	8	M	34	ASPT	0:25:11.20	0:25:23.25
45	4009	Ben	Sallows	M40	9	M	36	ASPT	0:25:13.55	0:25:24.30
46	4011	Darren	Pearson	M40	10	M	35	ASPT	0:25:12.95	0:25:24.30
47	166	Alessandra	Trevisan	F35	1	F	11		0:25:29.40	0:25:32.90
48	80	Dan	Hall	M40	11	M	37	Heart & Sole	0:25:29.40	0:25:32.90
49	4023	Mark	Hobbs	M45	5	M	38	The good, the bad and the ugly!	0:25:25.90	0:25:35.45
50	59	Frances	Delves	F65	1	F	12	Hailsham Harriers	0:25:48.30	0:25:52.10
51	4026	Zoe	McAndrew	F40	4	F	13	The Reluctants	0:25:30.50	0:25:55.25
52	53	Faye	Dargan	F35	2	F	14		0:26:21.25	0:26:22.85
53	172	Sally	Weston	F50	1	F	15	Polegate Plodders	0:26:27.70	0:26:31.00
54	170	David	Watson	M40	12	M	39		0:26:26.60	0:26:34.05
55	183	Nathan	Cradduck	Open	16	M	40		0:26:31.90	0:26:41.00
56	81	Michelle	Hall	F40	5	F	16		0:26:47.55	0:26:52.80
57	4002	Simon	Way	M40	13	M	41	151 Reg RLC	0:26:41.00	0:26:53.45
58	88	Justin	Hemingway	M50	5	M	42		0:27:04.80	0:27:06.70
59	11	Daniel	Bendle	Junior	4	M	43		0:27:01.40	0:27:08.85
60	154	Will	Sherwood	M40	14	M	44	Hastings runners	0:27:13.30	0:27:13.75
61	162	MR	T RICHARDSON	M55	1	M	45		0:27:04.70	0:27:15.65
62	90	Charlie	Hemsley	Junior	5	M	46		0:26:57.60	0:27:16.10
63	169	Angie	Watson	Open	5	F	17	Heart & Sole	0:27:20.85	0:27:22.30
64	142	Julie	Reeves	F35	3	F	18	Eastbourne rovers	0:27:18.55	0:27:23.15
65	141	Robert	Ralph	M45	6	M	47	Heart and Sole	0:27:12.30	0:27:25.75

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
66	46	Lee	Cote	M40	15	M	48	Heart & Sole Running Group	0:27:31.05	0:27:32.60
67	4022	Kevin	Abel	M40	16	M	49	The good, the bad and the ugly!	0:27:30.55	0:27:39.30
68	94	Jonathan	Hughes	M40	17	M	50	BMF Maidstone	0:27:48.75	0:27:52.25
69	76	Vanessa	Green	Open	6	F	19	Heart and Sole	0:27:50.95	0:27:56.45
70	4024	Andrew	Bishop	M60	1	M	51	The Reluctants	0:27:56.10	0:28:21.45
71	138	Dominic	Pritchard	Junior	6	M	52		0:28:19.45	0:28:35.30
72	58	Beckie	Dell	F35	4	F	20		0:28:19.70	0:28:35.45
73	124	David	Oldfield	M50	6	M	53		0:28:28.85	0:28:40.70
74	96	Rachael	Inns	Open	7	F	21		0:28:42.15	0:28:49.95
75	127	Michelle	Pain	F35	5	F	22	Heart & Sole Running Group	0:28:53.50	0:28:59.40
76	69	David	Gain	M50	7	M	54		0:28:57.60	0:29:02.45
77	117	Claire	Moor	F35	6	F	23	Heart and Sole	0:28:58.85	0:29:03.85
78	13	Simon	Bendle	M50	8	M	55		0:29:03.55	0:29:09.90
79	121	June	Nash	F50	2	F	24		0:29:01.45	0:29:10.40
80	98	Luke	Jago	Junior	7	M	56		0:28:56.55	0:29:25.95
81	175	Sally	Wilson	F45	2	F	25	BRT	0:29:35.35	0:29:39.25
82	168	Sarah	Watson	F40	6	F	26	Coastal Striders	0:29:34.35	0:29:46.70
83	125	harry	Overfield	Junior	8	M	57		0:29:30.15	0:29:49.90
84	126	Zakarie	Overfield	M40	18	M	58		0:29:36.00	0:29:55.45
85	37	caitlin	cartmel	Open	8	F	28		0:29:45.85	0:29:58.95
86	36	katherine	cartmel	F50	3	F	27		0:29:46.30	0:29:58.95
87	158	Gary	South	M55	2	M	59	Arc fitness	0:29:56.95	0:30:03.30
88	4025	Michael	McAndrew	M45	7	M	60	The Reluctants	0:30:01.60	0:30:26.95
89	4027	Tracy	Hutcheon	F45	3	F	29	The Two T's & Andy	0:30:17.55	0:30:31.80
90	4029	Tracey	Cox	F50	4	F	30	The Two T's & Andy	0:30:17.30	0:30:31.90
91	5	Jim	Balkard	M55	3	M	61	Heart & sole	0:30:35.45	0:30:37.75
92	182	Linda	Young	F40	7	F	31	heart and sole	0:30:27.25	0:30:39.20
93	32	Jessica	Calder	F35	7	F	32		0:30:30.05	0:30:44.05
94	4019	Michelle	Hollands	F45	4	F	33	Team KGB	0:30:30.50	0:30:44.15
95	107	James	Macenhill	Junior	9	M	62	Hailsham Harriers	0:30:40.30	0:30:44.20
96	108	Tina	Macenhill	F45	5	F	34		0:30:40.30	0:30:44.55
97	89	Scott	Hemsley	M45	8	M	63		0:30:37.05	0:30:56.20
98	4018	Denise	Power	F40	8	F	35	Team KGB	0:30:53.45	0:31:06.85
99	4020	Sam	Hedges	F40	9	F	36	Team KGB	0:30:53.50	0:31:07.25
100	153	pip	shaw	F35	8	F	37		0:31:10.05	0:31:13.35
101	122	Roger	Ockenden	M70	1	M	64		0:31:08.25	0:31:18.30
102	31	Katie	Burton	Open	9	F	38	Hastings Walk to Run	0:31:13.55	0:31:19.30
103	155	Paula	Sherwood	F35	9	F	39		0:31:45.80	0:31:52.00
104	61	Lorraine	Duffy	F55	1	F	40	Hailsham harriers	0:31:49.35	0:31:53.05
105	152	David	Sawyer	M50	9	M	65		0:31:48.35	0:31:54.90
106	112	Donna	Maskell	F50	5	F	41	Eastbourne Rovers AC	0:31:51.65	0:31:59.20
107	173	John	Wilkinson	M40	19	M	66	Bexhill Runners & Triathletes	0:31:52.55	0:31:59.20
108	120	Nicola	Munn	Open	10	F	42	Runthrough	0:31:40.90	0:32:07.35
109	16	Hannah Jane	Booth	Open	11	F	43	Bedgebury Forest Runners	0:31:55.75	0:32:12.05
110	116	Michelle	Mitham	F45	6	F	44	Heart and Sole	0:32:12.05	0:32:20.15
111	1	Ace	Allam	Junior	10	M	67		0:31:58.30	0:32:26.40
112	119	Tamsin	Mowbray	F50	6	F	45		0:32:12.10	0:32:37.15
113	134	Janine	Pettet	F35	10	F	46		0:32:28.25	0:32:37.45
114	65	Lianne	Foreman	F45	7	F	47		0:32:35.85	0:32:46.80
115	135	Martina	Pieterse	Open	12	F	48		0:32:35.85	0:32:46.90
116	35	Jacqui	Carrick	F60	1	F	49	Hastings Walk to run	0:32:49.75	0:32:56.10
117	23	Vikki	Bradshaw	Open	13	F	50		0:33:01.00	0:33:11.25
118	45	Jamlonglak	Cosens	F35	11	F	51		0:33:05.75	0:33:16.25
119	17	Sharon	Booth	F50	7	F	52	Bedgebury Runners	0:33:05.25	0:33:22.90
120	139	Helen	Putman	F45	8	F	53		0:33:17.00	0:33:25.85
121	160	Darren	Speer	M45	9	M	68	Heart and Sole	0:33:35.00	0:33:41.05
122	101	James	Kennett	M60	2	M	69		0:33:53.75	0:34:11.70
123	177	Claire	Woolford	F40	10	F	54		0:33:52.25	0:34:16.35
124	84	Jan	Hardy	F60	2	F	55		0:33:52.20	0:34:16.50
125	176	Clive	Wood	M65	1	M	70	Road runners club	0:34:18.00	0:34:37.70
126	95	Rita	Hutchinson	F45	9	F	56		0:34:43.05	0:34:51.50
127	114	Jo	Medhurst	F40	11	F	57		0:35:06.35	0:35:13.55
128	156	Joanne	Smith	Open	14	F	58	Heart and Sole	0:35:14.05	0:35:18.90
129	128	Carol	Parkes	F55	2	F	59		0:35:23.05	0:35:28.60
130	146	alan	roberts	M55	4	M	71	eastbourne rovers	0:35:25.45	0:35:30.35

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
131	41	Jenny	Cobby	F70	1	F	60	Henfield Joggers	0:35:21.95	0:35:34.55
132	40	Rhiannon	Clarke	F50	8	F	61	Lingfield Running Club	0:35:23.60	0:35:35.15
133	29	Pam	Browne	F55	3	F	62		0	0:35:36.00
134	18	Sophie	Booth	Open	15	F	63		0:35:25.30	0:35:42.75
135	19	Emma	Boswell	Open	16	F	64		0:35:46.55	0:35:59.40
136	71	Catherine	Gasson	F45	10	F	65	Rye Runners	0:35:50.65	0:36:05.90
137	26	Jo	Brandt	F45	11	F	66		0:35:53.00	0:36:17.55
138	55	Claire	Day	F45	12	F	67		0:35:54.25	0:36:17.90
139	48	Dawn	Crafer	F45	13	F	68		0:36:11.05	0:36:26.00
140	132	Lisa	Pestell	F50	9	F	69	None	0:36:02.60	0:36:27.70
141	30	Dawn	Burfitt	F40	12	F	70		0	0:36:35.00
142	2	gillian	allam	F40	13	F	71		0:36:30.45	0:36:57.75
143	148	emma	Rothermel	F40	14	F	72	Heart and Sole running club	0:36:58.05	0:37:06.90
144	3	Raluca	Ardeleanu	F35	12	F	73		0:37:05.25	0:37:12.10
145	145	Alison	Ridout	F55	4	F	74		0:37:04.90	0:37:23.60
146	24	Geraldine	Braidwood	F55	5	F	75		0:37:05.70	0:37:24.20
147	44	Sara	Cooper	F45	14	F	76		0:37:05.60	0:37:24.30
148	62	Ken	Elliott	M70	2	M	72		0:37:26.50	0:37:31.65
149	167	Lucia	Wakefield	F60	3	F	77	Windle Valley Runners	0:37:14.45	0:37:32.35
150	43	Michelle	Collins	F55	6	F	78		0:37:09.80	0:37:34.55
151	42	Mark	Collins	M50	10	M	73		0:37:10.45	0:37:34.95
152	103	Beata	Kołodziej	F40	15	F	79		0:37:26.50	0:37:43.10
153	91	Mark	Hilder	M55	5	M	74		0:37:26.70	0:37:43.30
154	136	Klementina	Piper	F45	15	F	80		0:37:36.70	0:38:04.00
155	75	Judi	Gray	Open	17	F	81		0:37:56.25	0:38:13.50
156	104	Lorraine	Kyriacou	F50	10	F	82	Eastbourne Rovers	0:38:33.50	0:38:42.00
157	151	Anniejo	Santer	F55	7	F	83		0:39:09.60	0:39:25.80
158	113	Amanda	McNulty	F45	16	F	84		0:39:18.30	0:39:25.85
159	99	Lucy	Jeffery	F45	17	F	85		0:39:31.35	0:39:39.85
160	14	Heather	Bishop	F50	11	F	86		0:39:39.45	0:39:46.75
161	180	Nicola	Young	F45	18	F	87	Eastbourne rovers	0:39:46.05	0:39:50.60
162	54	Julie	Davies	F45	19	F	88		0:39:38.50	0:40:01.50
163	163	Ian	Tarry	M55	6	M	75		0:39:38.70	0:40:05.50
164	66	Gaynor	Fuller	F40	16	F	89		0:39:50.40	0:40:18.65
165	6	Helen	Ballard	F35	13	F	90	Heart & sole	0:40:21.55	0:40:24.40
166	10	Caroline	Bendell	F40	17	F	91	Heart and Sole	0:40:15.60	0:40:28.75
167	78	Gemma	Guy	F35	14	F	92		0:40:27.65	0:40:58.85
168	97	David	Jago	M40	20	M	76	Gemma Guy	0:40:28.15	0:40:59.25
169	178	Vicci	Wynne	F55	8	F	93		0:40:57.65	0:41:24.65
170	133	Gail	Peters	F50	12	F	94		0:41:31.30	0:41:57.40
171	111	Ona	marshall-edwards	F45	20	F	95	L.I.F.E runners	0:42:14.40	0:42:28.90
172	159	Clare	Speer	F40	18	F	96	Heart and sole	0:42:36.85	0:42:43.55
173	179	Claire	Wyse	F40	19	F	97		0:44:50.15	0:45:06.40
174	15	Emma	Blackwell	F40	20	F	98		0:44:50.45	0:45:06.65
175	106	Sophie	Liles	F35	15	F	99		0:48:04.40	0:48:25.50
176	147	daniel	roberts	Open	17	M	77		0:51:27.00	0:51:48.00
177	161	Kelly	Sumpter	Open	18	F	100		0:51:27.50	0:51:49.20
178	157	Kaye	Snelling-Colyer	F55	9	F	101		0:51:31.25	0:51:54.65
179	144	Hilary	Rhodes	F70	2	F	102		0:51:33.75	0:51:55.70
180	7	Chrissy	Barker	Open	19	F	103	Born ready	0:52:38.65	0:53:01.50
181	165	Janet	Thomas	F40	21	F	104	Born ready	0:52:38.95	0:53:01.75
182	21	Linda	Bottom	F55	10	F	105		0:52:32.70	0:53:04.50
183	20	Chris	Bottom	Open	18	M	78		0:52:32.55	0:53:05.10
184	22	Steve	Bottom	M60	3	M	79		0:52:33.10	0:53:05.15
185	86	Ross	Hastings	Open	19	M	80		0:59:03.00	0:59:14.50
186	131	Susan	Pellett	F60	4	F	106		0:59:04.95	0:59:15.45
187	87	Angela	Hastings	F55	11	F	107		0:59:04.90	0:59:16.10