

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
1	440	Oliver	Hall	Junior	1	M	1	Bracknell AC	0:36:21.35	0:36:21.80
2	567	Ed	Plager	Open	1	M	2		0:36:56.30	0:36:57.45
3	342	Ross	Brocklehurst	Open	2	M	3	Eastbourne Rovers AC	0:37:51.65	0:37:51.95
4	4014	Craig	Hardwick	Open	3	M	4	Hardwick 100	0:40:00.45	0:40:02.25
5	4016	Tom	Foster	Open	4	M	5	Legs Miserables	0:40:07.75	0:40:07.90
6	456	Josh	Hobbs	Junior	2	M	6	East Grinstead Athletics Club	0:40:51.25	0:40:52.10
7	551	John	Owens	M45	1	M	7	Abingdon AC	0:40:58.95	0:41:00.45
8	335	Jake	Bourne	Open	5	M	8	Hastings Runners	0:41:12.50	0:41:13.35
9	315	John A	Baldock	Open	6	M	9		0:41:39.05	0:41:41.00
10	361	Jack	Chivers	M40	1	M	10	Haywards Heath Harriers	0:41:47.30	0:41:48.20
11	427	Dan	Gilkes	M40	2	M	11		0:41:59.25	0:42:01.15
12	4012	Neal	Hardwick	M40	3	M	12	Hardwick 100	0:42:16.55	0:42:18.50
13	392	Aislinn	Darvell	Open	1	F	1	Eastbourne Rovers AC	0:42:24.10	0:42:26.15
14	606	Leigh	Smith	Open	7	M	13	Burgess Hill runners	0:42:59.35	0:43:02.50
15	473	Dan	Isted	Open	8	M	14		0:43:02.05	0:43:03.45
16	532	Amy	Moore	Open	2	F	2	Hastings Ac	0:43:14.95	0:43:17.95
17	610	Carl	Smith	Open	9	M	15		0:43:36.95	0:43:38.70
18	451	Alex	Haxton	Junior	3	M	16		0:43:43.60	0:43:46.65
19	4015	Andrew	Barber	Open	10	M	17	Legs Miserables	0:43:44.55	0:43:46.95
20	604	Amy	Skelcey	Open	3	F	3		0:44:10.25	0:44:14.30
21	306	Terry	Anderson	Open	11	M	18		0:44:29.65	0:44:33.60
22	353	Phil	Capon	M45	2	M	19		0:44:31.85	0:44:34.45
23	517	Laelia	Marris	Open	4	F	4		0:44:35.35	0:44:38.75
24	301	Stuart	Adesilu	M55	1	M	20		0:44:36.55	0:44:39.80
25	4017	James	Willingham	M40	4	M	21	Legs Miserables	0:44:42.80	0:44:45.30
26	469	Michael	Husarz	Open	12	M	22	Polegate Plodders	0:44:48.10	0:44:50.45
27	490	Andy	Knight	M55	2	M	23	Hastings Runners	0:44:52.80	0:44:57.50
28	528	Sophie	McGoldrick	F35	1	F	5	Hastings AC	0:44:58.60	0:45:02.15
29	632	John	Tolhurst	M60	1	M	24	Paddock Wood	0:45:29.35	0:45:30.75
30	478	Joe	Cruttenden	Open	13	M	25	0	0:45:38.00	0:45:38.00
31	350	Jack	Butcher	Open	14	M	26		0:45:41.15	0:45:43.55
32	412	Stephen	FitzPatrick	Open	15	M	27		0:45:35.50	0:46:00.30
33	665	Simon	Wylam	M45	3	M	28		0:45:53.55	0:46:04.50
34	609	Neil	Smith	M50	1	M	29	Tri Tempo Eastbourne	0:46:02.60	0:46:07.25
35	486	Kevin	Key	M50	2	M	30	Tri Tempo Eastbourne	0:46:07.75	0:46:11.45
36	495	Stephen	Large	M45	4	M	31	Paddock wood	0:46:13.45	0:46:21.80
37	485	Paul	Kelly	M40	5	M	32	Petts Wood Runners	0:46:21.80	0:46:26.05
38	309	Geoffrey	Arbin	M40	6	M	33		0:46:35.55	0:46:39.55
39	321	Mark	Bassett	M45	5	M	34	Hailsham Harriers	0:46:54.60	0:46:56.95
40	616	Brian	Smith	M50	3	M	35		0:46:59.65	0:47:06.55
41	592	Isobel	Russell	Junior	1	F	6	Haywards Heath Harriers	0:47:06.60	0:47:11.55
42	636	Tom	Turner	Open	16	M	36		0:47:04.00	0:47:13.90
43	593	Jason	Russell	M40	7	M	37		0:47:09.20	0:47:14.40
44	358	Chris	Castleman	M50	4	M	38	Heart & sole running group	0:47:13.75	0:47:17.40
45	458	Emma	Holder	F45	1	F	7	Eastbourne Rovers	0:47:31.55	0:47:38.15
46	405	Rebecca	Edwards	Open	5	F	8	Hastings Ac	0:47:36.05	0:47:43.85
47	539	Simon	Newstead	Open	17	M	39		0:47:53.85	0:47:58.45
48	4028	Andrew	Saych	M45	6	M	40	The Two T's & Andy	0:47:59.55	0:48:05.05
49	464	Trevor	Huddleston	M40	8	M	41		0:48:09.40	0:48:15.50
50	414	Marco	Fortmann	M55	3	M	42	Polegate Plodders	0:48:15.45	0:48:16.80
51	4004	Mary	Cormack	Open	6	F	9	2 men and a little lady.	0:48:43.95	0:48:45.30
52	4005	Peter	Salter	M50	5	M	43	2 men and a little lady.	0:48:44.50	0:48:45.55
53	4003	Paul	Hollis	M45	7	M	44	2 men and a little lady.	0:48:43.00	0:48:45.55
54	4006	Cheryl	Duke	Open	7	F	10	AKED ARMY	0:48:45.70	0:48:52.30
55	549	Lee	Osborn	Open	18	M	45	Polegate Plodders	0:49:00.80	0:49:02.85
56	336	Simon	Bourne	M45	8	M	46		0:48:53.90	0:49:04.70
57	668	Pete	Maynard	M45	9	M	47		0:49:08.30	0:49:15.80
58	4021	Tony	Newman	M50	6	M	48	The good, the bad and the ugly!	0:49:13.85	0:49:19.95
59	446	Claire	Harvey	F40	1	F	11	Crowborough Runners	0:49:26.80	0:49:29.50
60	622	Nicola	Steed	Open	8	F	12	heathfield road runners	0:49:28.45	0:49:35.70
61	618	Martin	Snape	Open	19	M	49		0:49:36.55	0:49:40.70
62	643	Peter	Venables	Open	20	M	50		0:49:39.95	0:49:45.15
63	425	Graham	Geraghty	Open	21	M	51		0:48:59.20	0:50:01.45
64	4013	Martin	Hurry	Open	22	M	52	Hardwick 100	0:50:05.20	0:50:08.05
65	470	Victoria	Ingram	Open	9	F	13		0:49:47.55	0:50:08.50
66	428	Matthew	Gillard	M40	9	M	53	Heathfield Road Runners	0:49:47.70	0:50:08.75

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
67	326	Adam	Benniman	Open	23	M	54		0:50:04.30	0:50:13.55
68	365	Richard	Coates	M50	7	M	55		0:50:44.70	0:50:51.30
69	4008	Amanda	Williams	F40	2	F	14	AKED ARMY	0:50:53.00	0:50:59.60
70	383	Tara	Crossley	F35	2	F	15		0:50:51.00	0:51:14.85
71	307	Anne	Anscomb	F60	1	F	16		0:51:09.90	0:51:16.20
72	547	Frank	OBrien	M45	10	M	56	Patty La Bell + 1	0:51:08.15	0:51:19.05
73	351	Kevin	Byrne	M55	4	M	57		0:50:51.85	0:51:23.65
74	509	Lee	Lynch	Open	24	M	58		0:51:26.70	0:51:37.35
75	482	Michael	Joseph	M60	2	M	59	Striders of Croydon	0:51:23.30	0:51:40.25
76	381	Belinda	Cramp	F50	1	F	17	Eastbourne Rovers	0:51:36.60	0:51:44.30
77	447	Terry	Harvey	M50	8	M	60	Crowborough Runners	0:52:19.40	0:52:22.25
78	646	Calum	Walker	Open	25	M	61		0:52:18.30	0:52:28.50
79	349	Stuart	Burgess	Open	26	M	62		0:52:18.05	0:52:28.70
80	354	Marie	Carey	F50	2	F	18	Burgess Hill Runners	0:52:17.20	0:52:30.25
81	434	Lee	Goodall	M45	11	M	63		0:52:26.80	0:52:38.15
82	410	Paul	FitzPatrick	Open	27	M	64		0:52:19.30	0:52:57.90
83	501	John	Little	M45	12	M	65	Lancing Eagles	0:52:11.50	0:53:03.15
84	666	Linda	Zeberga	Open	10	F	19	Zak Horsley PT	0	0:53:06.85
85	4011	Darren	Pearson	M40	10	M	66	ASPT	0:52:38.65	0:53:07.30
86	4009	Ben	Sallows	M40	11	M	67	ASPT	0:52:38.95	0:53:07.55
87	416	Hannah	Frais	Junior	2	F	20	Bexhill Runners & Triathletes	0:53:16.05	0:53:20.95
88	466	Simon	Hulcoop	Open	28	M	68	Horsham Blue Star Harriers	0:53:18.10	0:53:22.10
89	4010	Stuart	Woolford	M40	12	M	69	ASPT	0:52:58.00	0:53:26.60
90	452	Mark	Hayllar	M50	9	M	70		0:53:17.40	0:53:32.05
91	613	Kevin	Smith	M50	10	M	71		0:53:25.15	0:53:34.25
92	596	Charlotte	Saunders	F35	3	F	21		0:53:08.35	0:53:34.30
93	527	Joe	McCrory	Open	29	M	72		0:52:49.20	0:53:46.05
94	4026	Zoe	McAndrew	F40	3	F	22	The Reluctants	0:52:58.75	0:53:58.90
95	530	isobel	mittchell	Junior	3	F	23	Bexhill Runners & Triathletes	0:53:53.45	0:54:00.95
96	4001	Christopher	Marr	Open	30	M	73	151 Reg RLC	0:53:54.65	0:54:03.55
97	316	James	Banner	Open	31	M	74		0:53:29.55	0:54:05.80
98	372	Paul	Coote	Open	32	M	75		0:54:01.25	0:54:12.90
99	565	David	petty	M50	11	M	76		0:54:03.70	0:54:14.95
100	589	Louise	Rollison	F35	4	F	24		0:54:17.20	0:54:23.15
101	304	Michelle	Alexander	F40	4	F	25		0:54:06.35	0:54:30.30
102	508	Lorraine	Lucas	F45	2	F	26	Heart & soul	0:54:21.90	0:54:34.55
103	557	Jo	Pappenheim	F50	3	F	27		0:54:27.50	0:54:38.00
104	341	Marc	Bridges	M40	13	M	77		0:54:37.00	0:54:43.15
105	4023	Mark	Hobbs	M45	13	M	78	The good, the bad and the ugly!	0:54:28.75	0:54:46.00
106	504	Nikki	Loats	F45	3	F	28		0:54:47.20	0:54:50.25
107	459	Keith	Hollands	M50	12	M	79	Paddock Wood	0:54:49.90	0:54:57.25
108	367	John	Collins	M65	1	M	80	SLGRG	0:54:51.40	0:54:58.30
109	515	Tom	Mann	Open	33	M	81	Hastings runners	0:54:26.45	0:55:01.30
110	489	Andy	Kirby	M45	14	M	82		0:54:48.50	0:55:02.25
111	497	Chris	Lee	M55	5	M	83	WORTH WAY RUNNERS	0:54:29.20	0:55:11.05
112	369	Rachel	Comotto	Open	11	F	29	FetchEveryone Running Club	0:54:54.90	0:55:12.55
113	303	Andy	Alabaster	M55	6	M	84		0:55:08.50	0:55:16.55
114	413	Emily	Flanagan	F35	5	F	30		0:55:09.25	0:55:18.90
115	577	Della	Ratnarajah	Open	12	F	31		0:54:47.95	0:55:22.20
116	635	Karly	Townsend	F35	6	F	32		0:55:18.40	0:55:22.45
117	563	Jacky	Patching	F45	4	F	33	Uckfield runners	0:55:20.20	0:55:33.45
118	357	Viv	Cassidy	F40	5	F	34	Running Colchester	0:55:19.20	0:55:34.35
119	573	Louise	Punter	Open	13	F	35	Running Colchester	0:55:20.05	0:55:34.45
120	602	Victoria	Sims	F35	7	F	36	Hastings runners	0:55:20.30	0:55:35.35
121	603	Chris	Skelcey	Open	34	M	85		0:55:37.30	0:55:47.55
122	503	Victoria	Little	F35	8	F	37		0:55:38.80	0:55:52.25
123	510	Keith	Lyon	M65	2	M	86	Tri Spirit Team	0:55:46.40	0:56:10.25
124	388	Gerard	Cummins	Open	35	M	87		0:55:30.10	0:56:23.95
125	620	Mike	Spies	Open	36	M	88	Comets RRC	0:56:12.00	0:56:27.90
126	376	Andrew	Courtney	M40	14	M	89		0:56:17.20	0:56:29.85
127	395	Rebecca	Daykin	F40	6	F	38		0:56:24.40	0:56:42.95
128	391	Julia	dalbiac	F60	2	F	39	Heathfield Road Runners	0:56:37.40	0:57:00.65
129	542	RACHEAL	NOBLE	Open	14	F	40	Sittingbourne Striders	0:57:17.40	0:57:23.50
130	516	John	Markham	M50	13	M	90	paddock wood athletic club	0:57:17.95	0:57:23.65
131	450	David	Haxton	M45	15	M	91		0:57:17.05	0:57:27.70
132	611	Zoe	Smith	Open	15	F	41		0:56:59.40	0:57:29.75

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
133	654	Sheila	Wilson	F65	1	F	42	Sarah's Runners	0:57:19.10	0:57:32.30
134	460	Sarah	Holmes	F35	9	F	43		0:57:19.70	0:57:34.60
135	4007	Kirsty	Aked	Open	16	F	44	AKED ARMY	0:57:37.75	0:57:44.35
136	608	Emma	Smith	F40	7	F	45	Mid Sussex triathlon club	0:57:35.15	0:57:48.75
137	472	Laura	Ireland	F45	5	F	46	Lingfield running club	0:57:50.35	0:58:08.50
138	403	Luke	Dornan	Open	37	M	92		0:57:40.90	0:58:18.10
139	615	Sarah	Smith	F45	6	F	47		0:58:11.10	0:58:19.55
140	370	Doug	Constable	M50	14	M	93		0:58:18.35	0:58:22.90
141	550	Claire	Overfield	F40	8	F	48		0:58:07.20	0:58:27.05
142	581	Adrian	Relfe	M45	16	M	94	Hastings runners	0:58:26.25	0:58:32.95
143	642	Philip	Usher	M45	17	M	95		0:58:05.80	0:58:37.65
144	523	Jacqueline	Mayer	F35	10	F	49	Lingfield Running Club	0:58:21.40	0:58:39.55
145	355	Kirstie	Carlton-Blake	F40	9	F	50	Hastings Runners	0:58:29.10	0:58:44.50
146	4000	Andrew	Bare	M40	15	M	96	151 Reg RLC	0:58:06.40	0:58:44.95
147	312	Hazel	Austin	F40	10	F	51	Lancing Eagles	0:57:45.70	0:58:47.95
148	453	Verity	Hemsley	F35	11	F	52		0:58:32.65	0:58:52.65
149	494	Katherine	Lane	Open	17	F	53		0:58:31.95	0:58:57.30
150	433	Allan	Goldsmith	M50	15	M	97		0:58:16.10	0:59:00.70
151	319	Chris	Barritt	M55	7	M	98	Petts Wood Runners	0:58:42.90	0:59:04.35
152	4002	Simon	Way	M40	16	M	99	151 Reg RLC	0:58:26.00	0:59:04.55
153	653	Perry	Wilson	M50	16	M	100	Petts Wood Runners	0:58:42.95	0:59:04.80
154	655	Peter	Wilson	M65	3	M	101		0:58:22.30	0:59:17.05
155	507	Jeremy	Lowe	M50	17	M	102	Polegate Plodders	0:59:26.35	0:59:31.40
156	310	Viki	Ashby	F40	11	F	54		0:58:59.10	0:59:33.75
157	438	Hannah	Gregory	F40	12	F	55		0:58:35.40	0:59:38.65
158	580	Stuart	Reid	M40	17	M	103		0:59:29.95	0:59:39.50
159	339	darryl	bradford	M45	18	M	104		0:58:46.15	0:59:40.80
160	645	Alistair	Wadsworth	M55	8	M	105		0:59:16.45	0:59:40.85
161	605	Katie	Skelton	Open	18	F	56		0:59:30.55	0:59:43.35
162	465	Jonathan	Hughes	M40	18	M	106	BMF Maidstone	0:59:42.95	0:59:50.60
163	553	Chris	Page	M55	9	M	107	Burgess Hill Runners	0:59:11.25	0:59:57.15
164	572	Emma	Pryor	F45	7	F	57		0:59:42.35	1:00:05.60
165	579	GAY	REDSTONE	F60	3	F	58	Worth Way Runners	0:59:49.60	1:00:13.00
166	422	Jessica	Funnell	Open	19	F	59		0:59:55.70	1:00:19.45
167	624	Emma	Stubbs	F35	12	F	60	Hastings Runners	1:00:03.90	1:00:27.55
168	628	Leeann	Taylforth	Open	20	F	61	Body shock	0:59:45.40	1:00:41.50
169	621	Dave	Staplehurst	Open	38	M	108	Tempo Tri	0:59:41.55	1:00:42.70
170	408	Andrea	Farrell	Open	21	F	62		1:00:37.10	1:00:42.90
171	638	Harvey	Turtle	M55	10	M	109	Worth Way Runners	1:00:11.30	1:00:47.35
172	538	Calin	Negroiu	Open	39	M	110		0:59:47.95	1:00:49.90
173	4025	Michael	McAndrew	M45	19	M	111	The Reluctants	0:59:53.50	1:00:53.45
174	404	Jason	Eames	M40	19	M	112		1:00:38.10	1:00:54.85
175	659	Nadia	Winn	Open	22	F	63		1:00:25.15	1:00:55.00
176	331	Chloe	Bocking	F45	8	F	64		1:00:23.90	1:00:56.45
177	479	Hannah	Jodvalkis	Open	23	F	65		1:00:20.55	1:00:58.25
178	582	Jenny	Rhodes	F55	1	F	66	Eastbourne Rovers	1:00:51.65	1:01:00.85
179	449	Mark	Hastings	M50	18	M	113		1:00:21.30	1:01:01.30
180	448	Derek	Hastings	M70	1	M	114	Mid Sussex Tri Club	1:00:22.70	1:01:02.55
181	534	Melissa	Mungovan	F35	13	F	67		1:00:29.95	1:01:06.20
182	476	Katherine	Jary	F45	9	F	68		1:01:03.55	1:01:14.10
183	474	Nadine	Isted	F40	13	F	69		1:00:21.70	1:01:18.15
184	658	Deborah	Winchester	F50	4	F	70		1:00:52.30	1:01:19.80
185	373	stephen	cornford	M55	11	M	115	heart and sole	1:01:11.60	1:01:23.85
186	554	Ben	Page	Open	40	M	116	Burgess hill runners	1:00:39.45	1:01:24.90
187	566	Lisa	Phillips	F45	10	F	71	Hailsham harriers	1:01:25.00	1:01:34.10
188	607	Sharon	Smith	F40	14	F	72	Foxy Ladies	1:01:09.75	1:01:38.10
189	4024	Andrew	Bishop	M60	3	M	117	The Reluctants	1:00:38.10	1:01:38.35
190	308	John	Applin	M70	2	M	118	Runwednesday	1:01:09.25	1:01:39.30
191	380	Hollie	Craddock	Open	24	F	73		1:01:19.90	1:01:42.15
192	570	Annemarie	Presland	F35	14	F	74		1:01:35.90	1:01:54.65
193	314	Matthew	Bacon	Open	41	M	119		1:01:35.75	1:01:54.70
194	525	Colette	Mays	Open	25	F	75		1:01:24.25	1:02:07.05
195	552	Christopher	Padget	Open	42	M	120		1:01:24.20	1:02:07.05
196	431	David	Godward	Open	43	M	121		1:02:03.40	1:02:14.95
197	4027	Tracy	Hutcheon	F45	11	F	76	The Two T's & Andy	1:01:41.25	1:02:16.65
198	4029	Tracey	Cox	F50	5	F	77	The Two T's & Andy	1:01:41.35	1:02:16.85

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
199	660	Tahlia	Winn	Junior	4	F	78		1:01:47.75	1:02:18.30
200	555	Richard	Paine	M40	20	M	122		1:02:03.10	1:02:21.05
201	590	Julie	Rose	F55	2	F	80		1:01:50.30	1:02:24.60
202	340	Amanda	Bradnam	F55	3	F	79		1:01:50.70	1:02:24.60
203	444	Andrew	Harper	M40	21	M	123		1:01:46.35	1:02:26.85
204	664	Colin	Would	M50	19	M	124		1:02:04.70	1:02:33.05
205	426	Eleanor	Gibson	F40	15	F	81		1:01:50.00	1:02:42.35
206	394	Ruth	Day	F50	6	F	82		1:02:15.20	1:02:46.05
207	612	Victoria	Smith	F35	15	F	83		1:02:34.10	1:02:47.70
208	346	Vicki	Brown	F40	16	F	84		1:02:47.50	1:03:02.55
209	499	Penelope	Lewis	F40	17	F	85		1:02:14.40	1:03:04.45
210	548	Sarah	Oliver	F35	16	F	86	Body shock runners	1:02:33.15	1:03:05.00
211	436	Anabelle	Gostomska	Open	26	F	87		1:02:11.05	1:03:07.45
212	457	Frances	Hodgson	Open	27	F	88	Portsmouth Joggers	1:02:08.40	1:03:09.95
213	625	Pauline	Sutherland	F45	12	F	89	Burgess Hill Runners	1:03:08.35	1:03:16.65
214	661	Cathie	Wood	F45	13	F	90		1:03:06.55	1:03:19.90
215	461	karen	hoskin	F50	7	F	91	Hailsham Harriers	1:03:13.95	1:03:22.65
216	424	Sophie	Galley	Open	28	F	92		1:02:58.85	1:03:24.65
217	641	Katie	Urquhart	Open	29	F	93		1:02:29.35	1:03:26.00
218	363	Paul	Clarke	Open	44	M	125		1:02:55.95	1:03:34.50
219	502	Neil	Little	M45	20	M	126		1:02:56.90	1:03:47.15
220	484	Nura	Karpowitsch	F50	8	F	94	Worth Way Runners	1:03:26.20	1:03:49.35
221	311	Helen	Austin	F50	9	F	95	Hastings Runners	1:03:23.00	1:03:54.35
222	435	alastair	gorton	M70	3	M	127		1:03:22.35	1:03:59.40
223	442	Lucia	Hardwick	F40	18	F	96		1:03:48.45	1:04:00.50
224	656	Andrew	Wilson	M50	20	M	128		1:03:37.50	1:04:05.25
225	535	Penny	Murray	F40	19	F	97		1:03:56.70	1:04:07.75
226	633	Rosanna	Toner	Open	30	F	98		1:03:34.15	1:04:09.95
227	657	Janet	Wilson	F55	4	F	99		1:03:43.00	1:04:11.35
228	631	Alice	Tigwell	Open	31	F	100		1:03:51.80	1:04:21.00
229	662	E	WOOLNOUGH	M40	22	M	129		1:04:11.50	1:04:23.85
230	514	Gary	Manley	Open	45	M	130	Polegate Plodders	1:04:03.00	1:04:28.75
231	437	Penny	Green	F40	20	F	101	Wadhurst Runners	1:04:03.90	1:04:31.55
232	562	Dominik	Paszkowski	Open	46	M	131	Wadhurst Runners	1:04:04.60	1:04:31.75
233	348	Gary	Buckell	M50	21	M	132		1:04:18.50	1:04:43.95
234	318	Karen	Barritt	F50	10	F	102	Petts Wood Runners	1:04:25.40	1:04:47.75
235	546	John	O'Toole	M45	21	M	133	Petts Wood Runners	1:04:25.40	1:04:47.85
236	324	Klare	Beecroft	F35	17	F	103		1:04:48.50	1:04:56.55
237	629	Laura	Taylor	F35	18	F	104		1:04:40.50	1:04:56.70
238	669	Julie	Lewis-clements	F40	21	F	105		1:04:06.85	1:04:58.10
239	480	Sally	Johnson	F55	5	F	106		1:04:11.85	1:05:02.20
240	411	Rachelle	FitzPatrick	F45	14	F	107		1:04:28.10	1:05:07.15
241	648	Victoria	Webb	Open	32	F	108		1:04:19.35	1:05:15.00
242	4022	Kevin	Abel	M40	23	M	134	The good, the bad and the ugly!	1:04:58.85	1:05:16.60
243	652	Jessica	Wilkinson	Open	33	F	109		1:05:24.60	1:05:32.70
244	496	Kelly	Large	F40	22	F	110		1:04:53.70	1:05:55.00
245	4019	Michelle	Hollands	F45	15	F	111	Team KGB	1:05:05.20	1:05:57.05
246	4018	Denise	Power	F40	23	F	112	Team KGB	1:05:06.05	1:05:57.30
247	649	Rebecca	Webbe	F55	6	F	113		1:05:24.40	1:05:59.25
248	614	Lily	Smith	Open	34	F	114		1:05:50.90	1:05:59.65
249	540	Marisa	Nixon	F40	24	F	115		1:05:51.40	1:06:10.95
250	513	Alice	Man	Open	35	F	116		1:05:32.45	1:06:11.55
251	439	Saffra	Hale	Open	36	F	117		1:05:46.50	1:06:12.60
252	375	Hannah	Coughlan	Open	37	F	118		1:05:46.55	1:06:12.95
253	407	Peter	Eves	M60	4	M	135	Petts Wood Runners	1:06:21.20	1:06:44.95
254	487	Johanna	Kinzett	F35	19	F	119		1:06:41.75	1:06:58.10
255	415	Darren	Fox	M45	22	M	136		1:06:42.15	1:06:58.75
256	337	Paul	Bower	Open	47	M	137		1:06:28.15	1:06:59.35
257	626	J	Swap	F40	25	F	120	Bexhill Runners & Triathletes	1:06:47.80	1:07:02.00
258	4020	Sam	Hedges	F40	26	F	121	Team KGB	1:06:11.40	1:07:02.65
259	352	Jessica	Calder	F35	20	F	122		1:06:10.65	1:07:02.70
260	401	Frances	Doe	F65	2	F	123	Hailsham Harriers	1:06:42.80	1:07:04.15
261	481	Kirstie	Jones	F45	16	F	124		1:06:25.50	1:07:04.95
262	544	Debra	Norman	F55	7	F	125	Plumstead Runners	1:06:33.50	1:07:07.75
263	432	Karen	Goldsmith	F50	11	F	126		1:06:24.25	1:07:08.60
264	364	Louise	Coates	F65	3	F	127	Hastings Runners	1:06:43.45	1:07:14.95

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
265	574	Carrie	Punter	Open	38	F	128		1:07:01.70	1:07:17.20
266	493	Dylan	Laidler	F50	12	F	129		1:07:12.50	1:07:22.70
267	325	Mckala	Benniman	F50	13	F	130		1:07:24.85	1:07:45.80
268	560	Mike	Parsons	M45	23	M	138		1:07:37.40	1:07:53.65
269	644	Susan	Wadsworth	F60	4	F	131		1:07:33.60	1:07:59.10
270	588	Amy	Robson	F35	21	F	132		1:06:57.15	1:08:00.40
271	454	Vicki	Henderson	F35	22	F	133		1:06:57.45	1:08:00.55
272	512	Beverley	Malin-Smith	F45	17	F	134		1:07:19.65	1:08:12.15
273	505	Mark	Loftus	Open	48	M	139		1:07:18.75	1:08:13.40
274	561	Lorna	Paszke	F45	18	F	135		1:07:37.50	1:08:19.20
275	670	Sinead	Buick	Open	39	F	136		1:07:48.00	1:08:28.95
276	430	Emma	Glazzard	F35	23	F	137		1:08:51.30	1:09:07.20
277	362	David	Clark	M75	1	M	140	Burgess Hill Runners	1:08:45.45	1:09:14.90
278	330	Ellie	Blackford	Open	40	F	138		1:08:19.75	1:09:18.30
279	492	Trevor	Knowles	M55	12	M	141		1:08:20.35	1:09:18.90
280	338	Zara	Bowerman	F40	27	F	139		1:08:32.40	1:09:27.75
281	483	Sally	Jupp	F35	24	F	140		1:08:32.25	1:09:28.35
282	418	Govinda	French	F50	14	F	141	BRJ Huntingdon run and tri	1:08:39.65	1:09:38.75
283	455	Michelle	Herniman	F40	28	F	142		1:10:04.55	1:10:20.45
284	399	Cathy	Dickins	F50	15	F	143	Worth Way Runners	1:09:43.25	1:10:24.05
285	384	Jonathan	Crouch	M45	24	M	142		1:10:04.60	1:10:40.10
286	571	Rowena	Price	F40	29	F	144		1:10:29.70	1:10:42.80
287	343	Alan	Brown	M55	13	M	143	Worth Way runners	1:10:02.45	1:10:42.95
288	598	Jo	Saych	F45	19	F	145	run academy worthing	1:10:02.10	1:10:46.65
289	323	David	Bedwell	M45	25	M	144		1:10:20.35	1:10:50.10
290	421	Helen	Fuller	F50	16	F	146		1:11:13.40	1:11:24.85
291	529	catherine	Miles	Open	41	F	147		1:10:51.85	1:11:27.75
292	463	Alan	Howes	M65	4	M	145	-	1:10:59.65	1:11:44.85
293	302	Jacqueline	Ailey	F55	8	F	148	plumstead runners	1:11:05.75	1:12:00.40
294	359	Louise	cavill	Open	42	F	149		1:11:33.55	1:12:07.00
295	576	Tracy	Ratnarajah	F55	9	F	150	Hastings Runners	1:11:33.70	1:12:07.15
296	594	Hayley	Salmon	Open	43	F	151		1:11:32.70	1:12:07.65
297	429	Claire	Gillard	F40	30	F	152	Heathfield Road Runners	1:11:48.20	1:12:08.90
298	462	kerry	howe-bush	F35	25	F	153		1:12:04.75	1:12:19.00
299	417	Sarah	Freeman	F35	26	F	154		1:12:04.95	1:12:19.15
300	406	Jean	England	F40	31	F	155		1:11:56.60	1:12:46.10
301	601	Simond	Simmons	M50	22	M	146		1:11:57.35	1:12:49.85
302	443	Jessica	Hardy	Open	44	F	156	N/A	1:11:57.50	1:12:50.15
303	667	Ania	Zukowska	Open	45	F	157		1:12:33.45	1:12:53.20
304	556	Dennis	Pantua	Open	49	M	147		1:12:33.85	1:12:53.40
305	564	Dion	Pearce	Open	50	M	148		1:12:21.15	1:12:54.60
306	522	Caroline	Matthews	F55	10	F	158		1:12:22.20	1:12:54.85
307	521	Elaine	Matthews	F40	32	F	159		1:12:21.80	1:12:54.85
308	475	Ed	James	M40	24	M	149		1:12:22.35	1:13:07.20
309	467	Suzannah	Hulin	Open	46	F	160		1:12:10.10	1:13:11.95
310	531	Louise	Moor	F35	27	F	161	ASPT	1:12:27.35	1:13:24.60
311	600	Charles	Shaw	M55	14	M	150		1:12:27.70	1:13:24.80
312	488	Mick	Kirby	M70	4	M	151		1:13:00.90	1:13:26.65
313	371	Paula	Cookson	Open	47	F	162		1:12:32.55	1:13:29.05
314	587	Amanda	Robinson	F50	17	F	163		1:13:02.55	1:13:40.50
315	639	Paul	Tutt	Open	51	M	152		1:13:32.05	1:13:41.45
316	386	Jeff	Culpan	M55	15	M	153		1:13:08.75	1:13:42.55
317	583	Louise	Rice	F45	20	F	164	Eastbourne Rovers	1:13:47.90	1:14:02.15
318	420	Jayne	Friend	Open	48	F	165		1:13:59.60	1:14:20.05
319	333	Victoria	Booth	F35	28	F	166		1:14:08.40	1:14:30.45
320	334	Paul	Booth	Open	52	M	154		1:14:08.35	1:14:30.45
321	585	Liz	Ridley	F45	21	F	167		1:14:43.70	1:15:08.45
322	650	Danny	Wendholt	M40	25	M	155		1:14:56.80	1:15:15.75
323	374	Cheryl	Costello	F45	22	F	168	Brighton&Hove Women's RC	1:14:38.20	1:15:29.25
324	345	Kirsty	Brown	Open	49	F	169		1:14:49.60	1:15:39.65
325	398	Charlotte	Dengate	Open	50	F	170		1:15:11.75	1:15:43.00
326	441	J	Hambleton	Open	51	F	171		1:15:12.15	1:15:43.05
327	520	Susan	Martin	F60	5	F	172	Vegan Runners	1:15:41.50	1:15:46.90
328	344	Kay	Brown	F35	29	F	173		1:15:01.50	1:15:51.55
329	559	Ceridwen	Parker	F45	23	F	174		1:15:59.50	1:16:16.55
330	471	Norman	Ingram	M60	5	M	156		1:15:57.15	1:16:24.90

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
331	575	Tracey	Rankine	F45	24	F	175		1:16:21.90	1:16:33.85
332	329	Catherine Elizabeth	Biddiss	Open	52	F	176		1:17:02.30	1:17:38.75
333	366	John	Collier	M60	6	M	157		0	1:17:57.50
334	630	eleanor	taylor	F45	25	F	177		1:17:42.70	1:18:00.45
335	393	Yvonne	Davey	F55	11	F	178		1:18:09.50	1:18:42.95
336	543	Peter	Norman	M60	7	M	158	PLumstead RUnners	1:19:33.15	1:20:07.75
337	637	Jane	Turtle	F50	18	F	179	Worth Way Runners	1:19:38.50	1:20:22.10
338	511	Lindsay	Madina	F35	30	F	180	Worth way runners	1:19:38.25	1:20:22.30
339	332	Alexis	Boo	F40	33	F	181		1:20:38.00	1:20:50.25
340	663	Caroline	Would	F45	26	F	182		1:21:25.65	1:21:36.00
341	382	Dawn	Crawford	F45	27	F	183		1:21:25.65	1:21:40.35
342	584	Helen	Ridley	F40	34	F	184		1:21:39.00	1:21:53.65
343	445	Angela	Harrison	F35	31	F	185	Eastbourne Rovers	1:21:28.80	1:21:56.00
344	320	Joanna	Bartlett	F40	35	F	186		1:21:43.15	1:22:10.60
345	387	Claire	Cumming	F40	36	F	187	Worth Way Runners	1:22:02.90	1:22:46.65
346	305	Rebecca	Anderson	F35	32	F	188	Worth Way Runners	1:22:03.30	1:22:46.80
347	619	Kirsty	Souter	F45	28	F	189		1:22:10.85	1:22:59.95
348	586	Joanne	Rigney	F40	37	F	190		1:22:11.40	1:23:00.35
349	390	Penelope	Cuthbert	F35	33	F	191		1:22:23.45	1:23:21.90
350	389	Jeremy	Cuthbert	M45	26	M	159		1:22:23.40	1:23:22.05
351	541	Eileen	Noble	F80	1	F	192	Bexley A.C	1:24:01.30	1:24:56.40
352	328	Trudie	Betts	F45	29	F	193	Heart & Sole running group	1:24:52.25	1:25:06.15
353	640	Janet	Twomey	F60	6	F	194		1:25:20.20	1:26:19.65
354	599	A	Searlw	F50	19	F	195		1:29:10.75	1:29:26.50
355	558	Elizabeth	Parker	F50	20	F	196	Horley Harriers	1:29:11.50	1:29:26.65
356	327	Heather	Bentley	F45	30	F	197		1:29:11.35	1:29:26.70
357	524	Andrea	Maynard	F60	7	F	198	Portsmouth Joggers	1:29:31.30	1:30:30.90
358	396	Cynthia	Dee	F70	1	F	199	Henfield Joggers	1:32:40.60	1:33:38.05
359	569	sharon	preece	F45	31	F	200		1:36:05.50	1:36:54.40