

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
1	80	Rhys	Boorman	MS	1	M	1	Hastings AC	0:15:51	0:15:52
2	96	Ross	Brocklehurst	MS	2	M	2	Eastbourne Rovers AC	0:17:05	0:17:06
3	110	Hector	Ellis	MJ	1	M	3	Hailsham H	0:18:08	0:18:08
4	102	Danny	Warner	MS	3	M	4	Eastbourne Rovers AC	0:18:13	0:18:15
5	172	Alex	Mandryko	MS	4	M	5	BRT	0:18:15	0:18:16
6	105	William	Carey	MS	5	M	6	BRT	0:18:19	0:18:20
7	14	jamie	coppock	V40	1	M	7		0:18:39	0:18:42
8	113	Mike	Shanahan	V40	2	M	8		0:18:46	0:18:47
9	121	Lee	Page	MS	6	M	9		0:18:47	0:18:55
10	99	Karen	Murdoch	V35	1	F	1	Hastings AC	0:18:55	0:18:58
11	199	James	McClintock	V40	3	M	10	Collingwood	0:19:01	0:19:02
12	147	Oliver	Carey	MS	7	M	11	BRT	0:19:02	0:19:03
13	128	Toby	Fry	MS	8	M	12		0:19:14	0:19:17
14	146	Gareth	Taplin	V40	4	M	13	Eastbourne Rovers AC	0:19:19	0:19:21
15	171	Jenna	French	FS	1	F	2	Hastings AC	0:19:29	0:19:32
16	137	Adam	Osman	MS	9	M	14	HAC	0:19:31	0:19:33
17	50	Polly	Pitcairn-Knowles	FS	2	F	3	Tonbridge AC	0:19:36	0:19:37
18	4	Benjamin	Boyle	MS	10	M	15		0:19:41	0:19:42
19	107	Dan	Gilkes	V40	5	M	16		0:19:38	0:19:46
20	133	Aislinn	Darvell	FS	3	F	4	Eastbourne Rovers AC	0:20:01	0:20:03
21	142	Huw	Jones	MS	11	M	17	Hailsham Liadriens	0:20:02	0:20:05
22	43	Thomas	North	MS	12	M	18		0:20:13	0:20:15
23	152	Andy	Knight	V50	1	M	19	Hastings Runners	0:20:13	0:20:16
24	156	Neil	Evans	V40	6	M	20	Bodyshock Fitness	0:20:23	0:20:25
25	123	Terry	Puxty	V40	7	M	21	Hastings AC	0:20:29	0:20:31
26	93	Ben	Muggridge	MS	13	M	22	BRT	0:20:29	0:20:33
27	196	Dave	Turner	V40	8	M	23	Hastings AC	0:20:33	0:20:38
28	56	Jordan	Sims	MS	14	M	24		0:20:43	0:20:48
29	109	Dan	Ellis	MS	15	M	25	Hailsham H	0:20:53	0:20:53
30	118	Mike	Walker	V40	9	M	26		0:20:49	0:20:55
31	45	Richard	Ovenden	V40	10	M	27	Bodyshock	0:21:05	0:21:07
32	76	Sam	Brown	MS	16	M	28	BRT	0:21:09	0:21:11
33	81	Bill	Solly	V60	1	M	29		0:21:05	0:21:12
34	153	Amy	Moore	FS	4	F	5	HAC	0:21:08	0:21:13
35	75	Dean	Haffenden	V40	11	M	30		0:21:24	0:21:25
36	114	Jamie	Turner	V40	12	M	31	Bodyshock Fitness	0:21:30	0:21:34
37	79	James	Kelly	MS	17	M	32		0:21:44	0:21:46
38	11	Graham	Chapman	V50	2	M	33	Heathfield Road Runners	0:21:47	0:21:50
39	28	Sarah	Hannam	V35	2	F	6	Eastbourne Rovers	0:21:48	0:21:52
40	57	Gary	Smith	V40	13	M	34	Hailsham Harriers	0:21:53	0:21:57
41	130	Niclas	Heinze	MS	18	M	35	LLC	0:21:56	0:21:58
42	141	Hannah	Frais	FJ	1	F	7	BRT	0:21:56	0:22:00
43	132	Chris	Castleman	V50	3	M	36	Heart and Sole	0:22:11	0:22:17
44	106	Jeremy	Sankey	V50	4	M	37	BRT	0:22:19	0:22:24
45	167	Ryan	Ellis	MS	19	M	38		0:22:14	0:22:27
46	166	Sam	Ellis	MS	20	M	39		0:22:20	0:22:34
47	127	Bill	Fraser	V60	2	M	40	Hailsham H	0:22:35	0:22:36
48	98	Darren	Fox	V40	14	M	41		0:22:35	0:22:38
49	145	Leigh	Hicks	MS	21	M	42	Bodyshock Fitness	0:22:39	0:22:45
50	64	Nicola	Steed	FS	5	F	8	heathfield	0:22:49	0:22:55
51	6	Geoff	Brown	V50	5	M	43		0:22:51	0:22:58
52	115	Matt	Roberts	MS	22	M	44		0:22:47	0:23:00
53	74	Katie	Arnold	V35	3	F	9	Hastings Athletic AC	0:22:53	0:23:01
54	44	Helen	O'Sullivan	V35	4	F	10	Hailsham Harriers	0:23:01	0:23:05
55	108	Glenn	Cooper	V40	15	M	45	Hastings AC	0:23:06	0:23:11

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56	67	Stuart	Webb	MS	23	M	46	Bodyshock Fitness	0:23:09	0:23:13
57	23	Michael	Gibbons	V60	3	M	47	Arena AC	0:23:17	0:23:20
58	37	Dan	King	V40	16	M	48		0:20:22	0:23:22
59	120	Eddie	Wilson	V40	17	M	49	Arena 80	0:23:19	0:23:30
60	46	Zakarie	Overfield	V40	18	M	50		0:23:31	0:23:41
61	68	Graham	Weir	V60	4	M	51		0:23:39	0:23:46
62	41	Isobel	Mitchell	FJ	2	F	11	BRT	0:23:44	0:23:49
63	54	Craig	Sealby	V40	19	M	52		0:23:47	0:23:52
64	89	Mark	Hastings	V40	20	M	53		0:23:47	0:23:54
65	126	Marianne		V35	5	F	12		0:23:42	0:23:54
66	29	Maryann	Hardingham	FS	6	F	13		0:23:53	0:24:07
67	198	Katy	Matthews	FS	7	F	14	BRT	0:24:02	0:24:10
68	10	Renata	Cermakova	V35	7	F	16		0:24:00	0:24:11
69	70	Sophie	Willard	V35	6	F	15		0:24:05	0:24:11
70	94	Thomas	Veinze	V40	21	M	54	LLC	0:24:09	0:24:12
71	3	Penny	Braker	V35	8	F	17		0:24:11	0:24:18
72	39	Janice	Machin	V45	1	F	18	Run Wednesdays	0:24:20	0:24:28
73	17	Chris	Evans	MS	24	M	55	Born ready fitness	0:24:22	0:24:30
74	148	Hannah	Eyre-Weeks	FS	8	F	19		0:24:23	0:24:32
75	32	Stephen	Hickman	V50	6	M	56	Ashford & District Road RC	0:24:23	0:24:34
76	71	Jacqueline	Wooller	V55	1	F	20	Eastbourne Rovers AC	0:24:29	0:24:35
77	149	Ferdi	Ibrahim	MJ	2	M	57	BRT	0:24:39	0:24:44
78	13	Rachel	Comotto	FS	9	F	21		0:24:40	0:24:49
79	117	Perry	Wilson	V50	7	M	58	Pettswood Runners	0:24:43	0:24:58
80	138	Tobias	Foster	MJ	3	M	59	Bodyshock Fitness	0:24:57	0:25:03
81	174	KiJacky	Patching		1	F	22		0:24:55	0:25:04
82	169	Stephen	calladine-Evans		1	M	60		0:24:51	0:25:05
83	131	Janey	Heinze	V45	2	F	23	LLC	0:25:02	0:25:05
84	165	Craig	Roberts	MS	25	M	61	Bodyshock Fitness	0:24:55	0:25:11
85	25	Stephen	Groombridge	MS	26	M	62	BSF	0:25:13	0:25:18
86	143	Ruth	Frais	V45	3	F	24	BRT	0:25:14	0:25:19
87	51	Tony	Richardson	V50	8	M	63	Hastings Runners	0:25:19	0:25:22
88	7	Julie	Browne	V45	4	F	25	Hastings Runners	0:25:20	0:25:23
89	144	Will	Sherwood	MS	27	M	64		0:25:13	0:25:25
90	15	Susan	Drake	V55	2	F	26	Eastbourne Rovers	0:25:24	0:25:29
91	78	Viki	Ashby	V35	9	F	27		0:25:31	0:25:35
92	88	David	Jones	V50	9	M	65	Bodyshock Fitness	0:25:26	0:25:36
93	119	Richard	Davis	V40	22	M	66		0:25:40	0:25:52
94	97	Alan	Roberts	V50	10	M	68	Eastbourne Rovers AC	0:25:54	0:26:01
95	103	Leigh	Yates	V40	23	M	67		0:25:50	0:26:01
96	200	Barry	Ingram	MS	28	M	69	BRT	0:25:59	0:26:05
97	134	Tony	Carroll	V40	24	M	70		0:25:53	0:26:10
98	1	Andy	Bashford	V60	5	M	71	Hastings Runners	0:26:02	0:26:14
99	33	rhiannon	hinchey	FS	10	F	28		0:26:09	0:26:17
100	42	Claire	Moor	V35	10	F	29	Heart and sole	0:26:11	0:26:20
101	18	Phill	Feltham	MS	29	M	72		0:26:11	0:26:21
102	85	Darren	Good	V40	25	M	73	Bodyshock Fitness	0:26:15	0:26:24
103	52	Sophie	Saunders	V35	11	F	30	Eastbourne Rovers	0:26:25	0:26:32
104	19	Georgina	Fletcher	FS	11	F	31		0:26:26	0:26:37
105	164	Lisa	Sim	V45	5	F	33	Eastbourne Rovers AC	0:26:34	0:26:41
106	65	Sasha	Stevens	V45	6	F	32	Eastbourne Rovers	0:26:34	0:26:41
107	197	Claire	Overfield	V35	12	F	34		0:26:34	0:26:44
108	48	Richard	Paine	V40	26	M	74	Bexhill running and triathletes	0:46:31	0:26:45
109	129	Victoria	Little	V35	13	F	35		0:26:38	0:26:46
110	111	Johia	Dalezic	V55	3	F	36	Heathfield	0:26:38	0:26:47

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111	22	Christine	Gibbons	V55	4	F	37	Brighton Tri club	0:26:43	0:26:49
112	62	Christopher	Spokes	V40	27	M	75	BRT	0:26:45	0:26:53
113	87	Elly	Swaine	V35	14	F	38	Hastings Runners	0:26:40	0:26:55
114	104	Chris	Gurr	V40	28	M	76	Bodyshock Fitness	0:26:54	0:27:02
115	112	Keith	Lyon	V60	6	M	77		0:27:00	0:27:11
116	47	Michelle	Pain	V35	15	F	40	Heart & Sole Running	0:27:06	0:27:15
117	162	Sam	Turner	V35	16	F	39	Bodyshock Fitness	0:27:01	0:27:15
118	101	Mark	Stevens	V40	29	M	78		0:27:08	0:27:16
119	82	Christopher	Berwick	V40	30	M	79		0:27:12	0:27:18
120	73	Sarah	Oliver	V35	17	F	41		0:27:20	0:27:37
121	116	Dave	Taylor	MS	30	M	80		0:27:28	0:27:41
122	24	Peter	Graham	V60	7	M	81	Thame Runners	0:27:37	0:27:50
123	83	Linda	Watts	V35	18	F	42	Cardiac Athletics	0:27:40	0:27:50
124	161	Jenni	Farrell	V35	19	F	43	Run Wednesday	0:27:39	0:27:52
125	55	Victoria	Sims	V35	21	F	44	Hastings runners	0:27:48	0:28:02
126	12	Nicola	Clements	V35	20	F	45	Hay runners	0:27:47	0:28:02
127	90	David	Wonnacott	V40	31	M	82	Bodyshock Fitness	0:28:05	0:28:18
128	20	Tracy	Florence	V35	22	F	46		0:28:11	0:28:21
129	84	Jasmine	Watts	FJ	3	F	47	Cardiac Athletics	0:28:16	0:28:26
130	170	Rachael	Edwards	FS	12	F	48		0:28:18	0:28:27
131	60	Tracy	Sorrell	V35	23	F	49	Bodyshock	0:28:15	0:28:28
132	125	Emma	Taylor	V35	24	F	50		0:28:24	0:28:36
133	9	Caitlin	Cartmel	FS	13	F	52		0:28:32	0:28:39
134	69	Meredith	Wickham	V35	25	F	51	UCKFIELD RUNNERS	0:28:30	0:28:39
135	49	Janine	Pettet	V35	26	F	53		0:28:42	0:28:50
136	136	Julia	Adams	FS	14	F	54	Bodyshock Fitness	0:28:54	0:29:06
137	173	Kim	Manroe		2	M	83		0:29:26	0:29:40
138	163	Sally	Hylands	V45	7	F	55	Eastbourne Rovers AC	0:29:33	0:29:40
139	124	Tony	Boardman	V70	1	M	84		0:29:47	0:29:59
140	38	Matthew	Lelliott	V40	32	M	85		0:29:59	0:30:04
141	135	Helen	Putman	V45	8	F	56		0:30:13	0:30:22
142	2	Leigh	Bennett	V40	33	M	86		0:30:33	0:30:43
143	92	Donota	Siudowska	FS	15	F	57		0:33:02	0:33:17
144	155	Ewa	Lawrence	FS	16	F	58	Bodyshock Fitness	0:33:02	0:33:19
145	95	Clive	Wood	V60	8	M	87	Road Runners Club	0:33:15	0:33:27
146	16	David	Ellis	V40	34	M	88		0:33:29	0:33:38
147	59	Katy	Smith	V35	27	F	59		0:33:36	0:33:47
148	30	Glenn	Hawkley	V40	35	M	89		0:34:54	0:35:11
149	139	Jemima	Hilton-Berry	FS	17	F	60	Bodyshock Fitness	0:34:54	0:35:11
150	168	Michelle	Tucker		2	F	61		0:35:12	0:35:28
151	53	Naomi	Scully	V35	28	F	62		0:35:12	0:35:28
152	160	Jade	Turner	V35	29	F	63	Run Wednesday	0:35:55	0:36:09
153	72	Nikki	Young	V45	9	F	64	Eastbourne rovers ac	0:36:17	0:36:23
154	122	Pip	Pocock	V35	30	F	65		0:36:43	0:36:53
155	86	Katie	Ellis	FS	18	F	66		0:36:56	0:37:06
156	77	Leon	Goldsack	V50	11	M	90	Dover Roadrunners AC	0:38:33	0:38:34
157	157	Melissa	Burden	V35	31	F	67	Bodyshock Fitness	0:38:59	0:39:16
158	150	Hannah	Evans	FS	19	F	68	Bodyshock Fitness	0:40:33	0:40:39
159	151	Jack	Green	MS	31	M	91	Bodyshock Fitness	0:40:34	0:40:39
160	27	Helen	Handrihan	V45	10	F	70	Bsf	0:46:27	0:46:44
161	158	Michelle	Taylor	V35	32	F	69	Bodyshock Fitness	0:46:26	0:46:44
162	140	James	Boardman	MS	32	M	92	Bodyshock Fitness	0:46:28	0:46:45
163	159	Dave	Staplehurst	MS	33	M	93	Bodyshock Fitness	1:02:55	1:03:13
164	154	Suzannah	Hulin	FS	20	F	71		1:02:56	1:03:14