

Bexhill 5K  
Sussex GP Results

Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Chip Time	Gun Time
1	307	Max	Thomas	M	1	MS	1	Hastings AC	0:15:17.40	0:15:17.65
2	63	Nick	Duggan	M	2	MS	2	Crawley AC	0:15:20.95	0:15:21.35
3	171	Kevin	Rojas	M	3	MS	3	Brighton & Hove AC	0:15:39.05	0:15:40.40
4	26	Matt	Bradford	M	4	MS	4	Lewes AC	0:15:58.85	0:15:59.75
5	90	Darryl	Hards	M	5	MS	5	Worthing & District Harriers	0:15:59.85	0:16:00.40
6	64	Max	Dumbrell	M	6	MS	6	Horsham Joggers	0:16:02.00	0:16:02.90
7	19	Neil	Boniface	M	7	MS	7	Horsham Joggers	0:16:20.15	0:16:20.95
8	81	Graham	Godden	M	8	MV2	1	Brighton and Hove City AC	0:16:29.20	0:16:29.60
9	291	Sean	Parker-Harding	M	9	MS	8	Brighton Phoenix	0:16:30.70	0:16:31.60
10	21	Rhys	Boorman	M	10	MS	9	Hastings AC	0:16:35.05	0:16:36.90
11	306	James	Mountford	M	11	MS	10	Hastings AC	0:16:39.90	0:16:41.55
12	25	David	Bradford	M	12	MS	11	Lewes AC	0:16:49.00	0:16:50.45
13	88	Zared	Hale	M	13	MS	12	Brighton & Hove AC	0:16:55.75	0:16:57.10
14	202	Paul	Tomlinson	M	14	MS	13	Haywards Heath Harriers	0:17:08.10	0:17:09.75
15	37	BRYAN	CAMFIELD	M	15	MV2	2	Horsham Joggers	0:17:12.55	0:17:14.00
16	203	Adam	Tribe	M	16	MV2	3	Brighton and hove	0:17:12.20	0:17:14.10
17	178	Lewis	Sida	M	17	MV2	4	Lewes AC	0:17:14.00	0:17:16.05
18	141	Rebecca	Moore	F	1	FS	1	Worthing & District Harriers	0:17:19.20	0:17:19.90
19	89	phil	hardaway	M	18	MS	14	Haywards Heath Harriers	0:17:33.35	0:17:35.55
20	329	Gary	Foster	M	19	MS	15	Hastings AC	0:17:33.95	0:17:36.25
21	71	Simon	Fletcher	M	20	MV3	1	Seaford Striders RC	0:17:34.90	0:17:37.30
22	292	Sarah	Roff	F	2	FS	2	Hastings AC	0:17:36.50	0:17:37.85
23	209	Darryl	Webb	M	21	MS	16	Burgess Hill Runners	0:17:35.00	0:17:38.70
24	100	Michael	Hobbs	M	22	MS	17	Crawley AC	0:17:43.25	0:17:44.70
25	304	Stuart	Piper	M	23	MS	18	Hastings Runners	0:17:44.00	0:17:45.00
26	127	Russell	Levell	M	24	MV1	1	Triathlon England	0:17:47.05	0:17:52.30
27	349	Tobias	Baker	M	25	MJ	1		0:17:53.60	0:17:54.60
28	139	Conrad	Meagher	M	26	MS	19	Chichester Runners & AC	0:17:58.45	0:18:00.60
29	107	Gareth	Hutchinson	M	27	MV1	2	Seaford Striders RC	0:17:58.65	0:18:03.15
30	42	James	Clarke	M	28	MV2	5	Wadhurst Runner	0:18:00.55	0:18:03.80
31	224	Paul	Holdaway	M	29	MS	20	BRT	0:18:03.90	0:18:04.80
32	155	Michael	Pain	M	30	MV2	6	Wadhurst Runners	0:18:06.95	0:18:09.10
33	32	Jonathan	Burrell	M	31	MV3	2	Lewes AC	0:18:06.50	0:18:09.35
34	201	Helena	Tobin	F	3	FS	3	Brighton and Hove AC	0:18:08.95	0:18:10.55
35	311	Aiden	Briffett	M	32	MJ	2	Lewes AC	0:18:14.35	0:18:16.10
36	185	Anthony	Snelling	M	33	MS	21	Arena 80 AC	0:18:17.35	0:18:19.25
37	334	Matthew	Green	M	34	MV2	7	Wadhurst Runners	0:18:20.55	0:18:23.45
38	294	Joe	Ashley	M	35	MS	22	Arena 80 AC	0:18:22.65	0:18:24.25
39	53	Steve	Dallman	M	36	MV1	3	Haywards Heath Harriers	0:18:32.55	0:18:35.05
40	240	Paul	Heywood	M	37	MS	23	Seaford Striders	0:18:33.65	0:18:36.75
41	41	Jack	Chivers	M	38	MS	24	Haywards Heath Harriers	0:18:35.60	0:18:37.35
42	168	James	Risdale	M	39	MS	25	Arena 80 AC	0:18:34.60	0:18:38.40
43	46	Robert	Coomber	M	40	MS	26	Haywards Heath Harriers	0:18:38.35	0:18:41.45
44	55	Alan	Thornton	M	41	MV3	3	Hailsham Harriers	0:18:40.40	0:18:42.80
45	217	Lee	Woodgate	M	42	MV1	4	Lewes AC	0:18:40.70	0:18:44.40
46	335	Paul	Jones	M	43	MS	27	Wadhurst Runners	0:18:45.00	0:18:48.30
47	34	Mark	Cage	M	44	MV1	5	Lewes AC	0:18:45.75	0:18:49.10
48	235	Harry	Strong	M	45	MJ	3	Lewes AC	0:18:48.20	0:18:49.55
49	338	Emily	Proto	F	4	FS	4	Arena 80 AC	0:18:47.60	0:18:49.60
50	290	Dan	Gilkes	M	46	MS	28		0:18:47.30	0:18:51.15
51	305	Phillip	Handrihan	M	47	MV1	6		0:18:47.00	0:18:51.50
52	176	JASON	RUSSELL	M	48	MS	29	Haywards Heath Harriers	0:18:47.95	0:18:52.65
53	35	Constantine	Calliafas	M	49	MS	30	Lewes AC	0:18:48.25	0:18:52.95
54	45	Izzy	Coomber	F	5	FS	5	haywards heath harriers	0:18:49.50	0:18:53.10
55	33	Leo	Cacciatore	M	50	MS	31	Hastings Runers	0:18:50.70	0:18:54.60
56	125	Paul	Lawrence	M	51	MV1	7	Brighton Phoenix	0:18:58.30	0:19:00.90
57	76	Sue	Fry	F	6	FV2	1	Hailsham Harriers	0:19:00.85	0:19:02.75
58	15	Andrew	Biggs	M	52	MV2	8	Haywards Heath Harriers	0:19:06.75	0:19:09.00
59	286	Emily	Moore	F	7	FS	6	Worthing harriers	0:19:08.75	0:19:10.70
60	369	Patrick	Bermingham	M	53	MS	32	Hastings Runners	0:19:14.35	0:19:15.35
61	260	William	Darby	M	54	MV3	4	Hastings AC	0:19:14.30	0:19:16.80
62	11	Lance	Bellers	M	55	MV3	5	Brighton Phoenix	0:19:15.50	0:19:18.40
63	158	Phil	Payne	M	56	MS	33	Haywards Heath Harriers	0:19:19.00	0:19:23.00
64	65	Shane	Duncan	M	57	MS	34	Lewes AC	0:19:21.50	0:19:25.50
65	150	Mike (Mad Dog)	OGrady	M	58	MV2	9	Horsham Joggers	0:19:21.65	0:19:26.35
66	83	Mike	Green	M	59	MV1	8	Lewes AC	0:19:20.90	0:19:26.75
67	314	Carlo	Forté	M	60	MV1	9	Hastings AC	0:19:20.80	0:19:27.70
68	152	Lee	Page	M	61	MS	35		0:19:08.45	0:19:28.15
69	121	Peter	Knee	M	62	MV2	10	Arena80	0:19:25.35	0:19:29.05
70	66	Dave	Dunstall	M	63	MV3	6	seaford striders	0:19:24.25	0:19:29.50

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71	6	Lara	Barazzuol	F	8	FS	7	Lewes AC	0:19:30.10	0:19:33.00
72	350	Jasper	Baker	M	64	MJ	4	Lewes AC	0:19:25.90	0:19:35.10
73	328	Michael	Shanahan	M	65	MV1	10		0:19:30.10	0:19:38.10
74	48	Catherine	Corck	F	9	FS	8	Horsham Joggers	0:19:34.15	0:19:38.65
75	47	Roy	Cooper	M	66	MV2	11	Heathfield	0:19:39.90	0:19:42.70
76	113	Tony	Johnson	M	67	MV3	7	Horsham Joggers	0:19:39.40	0:19:44.35
77	215	Caroline	Wood	F	10	FV4	1	Arena 80 AC	0:19:44.10	0:19:46.35
78	29	Benjamin	Brooker	M	68	MS	36		0:19:39.90	0:19:47.60
79	347	Phil	Scott	M	69	MS	37	Hastings Runners	0:19:41.55	0:19:49.85
80	319	Keven	Perez-Diaz	M	70	MV2	12	Wadhurst Runners	0:19:46.75	0:19:50.15
81	272	Sam	Alvarez	F	11	FV2	2	Hailsham Harriers	0:19:54.05	0:19:56.75
82	145	Mark	Musgrave	M	71	MS	38	Wadhurst Runners	0:19:56.10	0:20:02.30
83	259	Paul	Gasson	M	72	MV5	1	Arena 80 AC	0:20:01.25	0:20:03.75
84	135	Riz	Maslen	F	12	FV3	1	Hastings Runners	0:20:01.60	0:20:05.20
85	114	Huw	Jones	M	73	MS	39	Hailsham Harriers	0:19:56.30	0:20:06.20
86	310	Danny	Warner	M	74	MS	40		0:20:02.95	0:20:09.80
87	326	Daniel	Pearson	M	75	MS	41		0:19:55.30	0:20:11.25
88	269	Lizzie	Keep	F	13	FS	9	Lewes AC	0:20:11.00	0:20:14.80
89	40	Andrew	Chitty	M	76	MV5	2	Lewes AC	0:20:13.10	0:20:17.75
90	348	Stuart	Baker	M	77	MV2	13		0:20:10.10	0:20:20.30
91	163	Graham	Purdy	M	78	MV4	1	Hailsham Harriers	0:20:12.60	0:20:21.65
92	187	Mark	Stephenson	M	79	MV3	8	Arena 80	0:20:17.15	0:20:23.70
93	324	Greg	Thompson	M	80	MS	42		0:20:22.15	0:20:25.30
94	144	Karen	Murdoch	F	14	FV2	3	hastings ac	0:20:21.80	0:20:26.10
95	73	Karl	Fortmann	M	81	MJ	5		0:20:17.05	0:20:26.35
96	210	Joseph	Webbon	M	82	MJ	6	Lewes Athletics Club	0:20:19.05	0:20:26.80
97	331	Maddy	Smith	F	15	FS	10	Lewes AC	0:20:23.75	0:20:27.15
98	322	Kevin	Battell	M	83	MV3	9	Crowborough Runners	0:20:25.90	0:20:31.00
99	352	Adam	Slater	M	84	MS	43	Hastings AC	0:20:29.10	0:20:32.20
100	351	Graham	West	M	85	MV3	10	Uckfield Runners	0:20:24.45	0:20:33.10
101	43	Tim	Clements	M	86	MV1	11	Wadhurst Runner	0:20:31.55	0:20:34.55
102	206	RAFF	VITALE	M	87	MS	44	Horsham Joggers	0:20:30.50	0:20:36.05
103	103	Ken	hughes	M	88	MV3	11	hastings runners	0:20:24.80	0:20:36.20
104	133	Liz	Lumber	F	16	FV3	2	Hailsham Harriers	0:20:32.25	0:20:36.45
105	130	Kim	Lo	F	17	FS	11	Haywards Heath Harriers	0:20:32.90	0:20:37.20
106	361	Matt	Barrett	M	89	MS	45		0:20:23.00	0:20:38.40
107	323	Ruby	Whyte-Wilding	F	18	FJ	1	Lewes AC	0:20:32.40	0:20:38.85
108	287	Max	Pankhurst	M	90	MS	46		0:20:28.65	0:20:39.45
109	317	Bill	Fraser	M	91	MV5	3	Hailsham Harriers	0:20:37.15	0:20:40.85
110	279	Kevin	Cobb	M	92	MV3	12		0:20:37.50	0:20:41.95
111	143	Darren	Munn	M	93	MV1	12	Hailsham Harriers	0:20:34.65	0:20:44.65
112	237	David	Kellond	M	94	MS	47	Eastbourne Athletics	0:20:36.35	0:20:45.65
113	194	Megan	Taylor	F	19	FS	12	Lewes AC	0:20:40.85	0:20:45.95
114	56	Peter	Daws	M	95	MV5	4	hailsham harriers	0:20:42.40	0:20:47.95
115	318	Adam	Osman	M	96	MS	48	Hastings AC	0:20:41.75	0:20:49.00
116	179	Helen	Sida	F	20	FV3	3	Lewes Athletics Club	0:20:43.60	0:20:49.90
117	278	Matthew	Beaver	M	97	MV1	13	Hastings Runners	0:20:46.30	0:20:50.60
118	274	Alissa	Ellis	F	21	FV1	1	Hailsham Harriers	0:20:40.30	0:20:51.30
119	255	Bill	Solly	M	98	MV5	5		0:20:47.25	0:20:53.15
120	110	Graham	Jenner	M	99	MV2	14	Hayward's Heath harriers	0:20:48.25	0:20:54.15
121	196	Michael	Thornton	M	100	MV1	14	Horsham Joggers	0:20:46.25	0:20:56.75
122	313	Dean	Garry	M	101	MV2	15	Hastings AC	0:20:58.80	0:21:01.80
123	116	Steve	Keary	M	102	MV1	15	Horsham Jogger	0:20:54.80	0:21:03.30
124	146	Richard	Neale	M	103	MS	49	Haywards Heath Harriers	0:20:56.60	0:21:04.60
125	184	Samantha	Smith	F	22	FV1	2	Horsham Joggers	0:20:56.65	0:21:04.65
126	138	Phil	McCorry	M	104	MS	50		0:20:52.85	0:21:06.90
127	13	Andrew	Bettiss	M	105	MS	51	Eastbourne Rovers AC	0:21:00.40	0:21:09.50
128	67	Katherine	Emery	F	23	FS	13	Lewes AC	0:21:16.85	0:21:22.45
129	225	Anthony	Appadoo	M	106	MS	52		0:21:15.45	0:21:24.05
130	4	Terry	Avey	M	107	MV5	6	brighton phoenix	0:21:19.30	0:21:24.65
131	299	Jason	Wren	M	108	MJ	7	Hastings AC	0:21:20.65	0:21:27.25
132	95	Linda	Hayes	F	24	FV4	2	Wadhurst Runners	0:21:22.95	0:21:27.25
133	339	Adam	Maynard	M	109	MS	53		0:21:28.10	0:21:33.15
134	54	Matt	Daly	M	110	MV2	16		0:21:24.55	0:21:33.85
135	24	Andy	Bradbury	M	111	MS	54	Lewes A.C.	0:21:30.80	0:21:35.85
136	170	Wendy	Robson	F	25	FV1	3	Hailsham harriers	0:21:24.10	0:21:35.90
137	31	Katherine	Bunker	F	26	FS	14	Haywards Heath Harriers	0:21:27.80	0:21:36.40
138	134	Reg	Magar	M	112	MV2	17	Wadhurst Runners	0:21:30.95	0:21:36.70
139	268	Gina	Wilson	F	27	FS	15	Lewes AC	0:21:39.80	0:21:41.75
140	204	Tara	Twyman	F	28	FS	16	Uckfield Runners	0:21:38.10	0:21:44.25

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141	303	Kevin	Aslett	M	113	MV2	18	Hastings AC	0:21:36.05	0:21:47.60
142	223	Robert	Young	M	114	MV2	19	Eastbourne rovers ac	0:21:38.00	0:21:52.30
143	174	Ivor	Rumsey	M	116	MV4	2	hailsham harriers	0:21:47.90	0:21:52.90
144	256	Dominik	Paszkowski	M	115	MS	55	Wadhurst Runners	0:21:43.85	0:21:52.90
145	243	Matthew	Dargan	M	117	MV1	16		0:21:48.95	0:21:54.30
146	169	Simon	Roberts	M	118	MV3	13	lewes ac	0:21:47.25	0:21:54.75
147	248	Matt	Mayers	M	119	MS	56		0:21:51.80	0:21:58.15
148	162	Steve	Pilcher	M	120	MS	57	Wadhurst Runners	0:21:58.55	0:22:02.55
149	2	Paul	Addie	M	121	MS	58	Horsham Joggers	0:21:58.25	0:22:05.35
150	281	Alessia	Manco	F	29	FJ	2	Lewes AC	0:21:55.70	0:22:08.20
151	164	Paul	Rackstraw	M	122	MV4	3	Hastings AC	0:22:01.70	0:22:12.60
152	14	Carl	Bicknell	M	123	MV3	14	Haywards Heath Harriers	0:22:05.60	0:22:13.10
153	161	Graham	Penny	M	124	MV1	17	eastbourne rovers ac	0:22:08.40	0:22:17.40
154	74	MARCO	FORTMANN	M	125	MV3	15	Eastbourne Athletics	0:22:09.05	0:22:18.85
155	98	Ian	Hilder	M	126	MV3	16	Lewes	0:22:23.50	0:22:31.50
156	229	Hannah	Bates	F	30	FS	17	Wadhurst Runners	0:22:22.50	0:22:32.50
157	214	Lin	Whiting	M	127	MV4	4	Horsham Joggers	0:22:26.40	0:22:36.50
158	10	Kevin	Began	M	128	MV1	18		0:22:21.10	0:22:37.05
159	147	Mary	Nightingale	F	31	FV5	1	crowborough	0:22:28.25	0:22:37.70
160	49	Shelley	Cornes	M	129	MS	59	Lewes AC	0:22:35.40	0:22:41.70
161	270	David		M	130	MV4	5	Lewes AC	0:22:36.30	0:22:43.45
162	265	Adam	Coleman	M	131	MS	60	Hastings AC	0:22:27.00	0:22:43.55
163	356	Sarah	Healey	F	32	FS	18	Lewes AC	0:22:38.10	0:22:45.90
164	220	CHRIS	WRATHALL	M	132	MV3	17	Seaford Striders	0:22:34.05	0:22:46.50
165	173	Elizabeth	Ruddock	F	33	FV1	4	Seaford Striders	0:22:40.50	0:22:46.80
166	199	John	Tighe	M	133	MV3	18	Crowborough Runners	0:22:39.65	0:22:49.45
167	61	Karin	Divall	F	34	FV4	3	Lewes AC	0:22:42.00	0:22:49.50
168	102	Rachael	Hornigold	F	35	FV1	5	Lewes AC	0:22:49.25	0:22:56.00
169	104	Fraser	Hughes	M	134	MS	61	hastings runners	0:22:45.60	0:22:57.25
170	340	Alex	Monson	M	135	MJ	8	Lewes AC	0:22:44.85	0:22:59.35
171	129	JANINE	LITTLER	F	36	FV3	4	Horsham Joggers	0:22:50.00	0:22:59.60
172	52	David	Crane	M	136	MS	62	Surrey Walking Club	0:22:43.15	0:23:01.55
173	232	Michael	Clark	M	137	MV2	20	Hastings AC	0:22:55.25	0:23:02.80
174	44	Richard	Coates	M	138	MV1	19	Uckfield Runners	0:22:53.45	0:23:07.10
175	284	Martin	Kennett	M	139	MV3	19	Uckfield Runners	0:22:56.80	0:23:08.90
176	362	Keiran	Edwards	M	140	MS	63	Haywards Heath Harriers	0:23:02.25	0:23:10.75
177	132	Christopher	Lugg	M	141	MS	64	Uckfield runners	0:23:02.65	0:23:11.70
178	244	Eddie	Waites	M	142	MV2	21	Arena 80 AC	0:23:05.25	0:23:12.75
179	200	Anna	Titchmarsh	F	37	FV2	4	Horsham Joggers	0:23:02.90	0:23:12.80
180	245	Mark	Bussett	M	143	MV1	20	Hailsham Harriers	0:23:04.85	0:23:15.55
181	221	Dominic	Wright	M	144	MS	65		0:23:03.20	0:23:16.35
182	253	Jamie	Kennedy	M	145	MS	66	Hastings Runners	0:23:06.15	0:23:16.85
183	360	Kevin	Coda	M	146	MS	67		0:23:05.15	0:23:19.20
184	354	Frances	Burnham	F	38	FV4	4	Hastings AC	0:23:13.95	0:23:22.30
185	111	Tara	Johnson	F	39	FV1	6	Uckfield Runners	0:23:15.75	0:23:23.65
186	115	Caron	Joyes	F	40	FV4	5	wadhurst runners	0:23:14.60	0:23:24.50
187	186	Amanda	Soper	F	41	FV3	5	Haywards Heath harriers	0:23:15.30	0:23:24.70
188	151	Helen	O'Sullivan	F	42	FV1	7	Hailsham Harriers	0:23:17.95	0:23:27.40
189	258	India	Landy	F	43	FJ	3		0:23:35.70	0:23:41.30
190	105	Bob	Hughes	M	147	MV6	2	Lewes AC	0:23:35.75	0:23:43.00
191	207	Terry	Ward	M	148	MV6	1	Seaford Striders	0:23:29.45	0:23:43.00
192	213	James	Welbury	M	149	MV4	6	Crowborough Runners	0:23:36.25	0:23:46.85
193	363	Robert	Stone	M	150	MV2	22		0:23:26.30	0:23:48.55
194	233	Robert	Webber	M	151	MV4	7	Seaford Striders	0:23:38.70	0:23:51.70
195	160	Michelle	Pearce	F	44	FV1	8	Haywards Heath Harriers	0:23:43.95	0:23:52.25
196	308	Steve	Stanfield	M	152	MV4	8		0:23:27.55	0:23:52.75
197	78	Marianne	Galea	F	45	FV1	9	Eastbourne Rovers Athletic Club	0:23:39.55	0:23:56.00
198	267	Greg	Bennett	M	153	MJ	9		0:23:38.00	0:23:56.20
199	325	Clare	Wrightson	F	46	FV1	10		0:23:39.50	0:23:56.35
200	59	Frances	Delves	F	47	FV6	1	Hailsham Harriers	0:23:45.50	0:23:56.60
201	91	Catherine	Harker	F	48	FV1	11	Uckfield Runners	0:23:43.50	0:23:57.80
202	263	Dan	Ellis	M	154	MS	68		0:23:46.35	0:23:59.90
203	108	Barry	Ingram	M	155	MS	69	BRT	0:23:50.25	0:24:01.50
204	227	David	Atkinson	M	156	MV2	23		0:23:54.90	0:24:01.95
205	241	Tom	Jennings	M	157	MV4	9		0:23:53.55	0:24:03.10
206	252	Christian	Morton	M	158	MV2	24		0:23:50.20	0:24:04.00
207	17	Vicki	Blaber	F	49	FV2	5	Seaford striders	0:23:52.55	0:24:04.55
208	101	Julie	Honess	F	50	FV1	12	Meads Runners	0:23:57.90	0:24:09.00
209	112	Julia	Johnson	F	51	FV6	2	Horsham Joggers	0:23:58.55	0:24:10.45
210	9	Melissa	Bedwell	F	52	Unknown	1	Hastings Runners	0:23:57.10	0:24:12.50

Bexhill 5K  
Sussex GP Results

Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Chip Time	Gun Time
211	250	Claire	Keith	F	53	FS	19	Seaford Striders	0:24:07.75	0:24:14.85
212	23	Karl	Boyd	M	159	MV2	25		0:23:55.65	0:24:15.65
213	336	David	Jones	M	160	MV5	7	Wadhurst Runners	0:24:07.00	0:24:18.20
214	183	Paulette	Smith	F	54	FV2	6	Heathfeild Road Runners	0:24:09.70	0:24:21.70
215	355	John	Gateley	M	161	Unknown	1	Hastings AC	0:24:16.85	0:24:25.60
216	249	Robin	Walter	M	162	MS	70		0:24:16.90	0:24:27.85
217	246	Dennis	Williams	M	163	MV6	3	Hercules Wimbledon	0:24:13.70	0:24:29.05
218	50	Robert	Cornford	M	164	MS	71		0:24:27.15	0:24:40.85
219	230	James	Byford	M	165	MS	72	Wadhurst Runners	0:24:35.30	0:24:45.20
220	262	Jeremy	Swanky	M	166	MV3	20		0:24:25.50	0:24:45.35
221	344	Firotti	Alessandro	M	167	MV1	21		0:24:30.40	0:24:47.90
222	92	David	Harris	M	168	MV4	10	Arunners	0:24:33.50	0:24:48.30
223	332	Audrey	Haddon	F	55	FS	20	Hailsham Harriers	0:24:36.75	0:24:49.75
224	302	Anna	Kwiatkowska	F	56	FS	21		0:24:46.90	0:24:52.90
225	93	Norman	Harris	M	169	MV6	4	Hailsham Harriers	0:24:43.65	0:24:55.50
226	358	Dan	Johnson	M	170	MV2	26	Hastings AC	0:24:37.65	0:24:58.45
227	285	Nigel	Thornely	M	171	MV2	27	Hastings Runners	0:24:43.55	0:25:00.15
228	117	Albert	Kemp	M	172	MV6	5	Wadhurst Runners	0:24:51.95	0:25:00.30
229	365	Alan	Hide	M	173	MV5	8	Hailsham Harriers	0:24:50.10	0:25:02.60
230	315	Alastair	Howitt	M	174	MV4	11	Wadhurst Runners	0:24:53.50	0:25:05.05
231	239	Helen	Neary	F	57	FV6	3	Wadhurst Runners	0:24:57.80	0:25:09.20
232	296	Tanya	Edmondson	F	58	FV6	4	Uckfield Runners	0:24:54.20	0:25:10.15
233	231	Ellen	Kilby	F	59	FS	22	Hastings AC	0:25:01.50	0:25:15.80
234	264	Peter	Wilkes	M	175	MV6	6	Uckfield Runners	0:25:03.80	0:25:21.70
235	234	Jackie	Webber	F	60	FV4	6	Seaford Striders	0:25:09.90	0:25:22.30
236	298	Jim	Vidler	M	176	MV1	22		0:25:04.40	0:25:26.80
237	271	Paul	Fagan	M	177	MS	73		0:25:15.40	0:25:28.70
238	316	Amanda	Bahadur	F	61	FS	23	Hastings AC	0:25:21.00	0:25:31.40
239	327	Mark	Simmons	M	178	MV2	28		0:25:19.00	0:25:37.60
240	254	Andrea	Ingram	F	62	FV5	2	Lewes AC	0:25:30.35	0:25:45.05
241	364	Catherine	Mullane	F	63	FS	24		0:25:24.05	0:25:46.35
242	22	Charlotte	Borjesson	F	64	FS	25	Horsham Joggers	0:25:27.50	0:25:48.00
243	226	Chris	Castleman	M	179	MV3	21		0:25:51.55	0:25:55.70
244	195	John	Taylor	M	180	MV7	1	Hailsham Harriers	0:25:35.05	0:25:58.90
245	283	Nikki	Maher	F	65	FV3	6	Uckfield Runners	0:25:50.05	0:26:04.15
246	69	Hannah	Eyre	F	66	FS	26		0:25:50.40	0:26:05.00
247	261	Katrina	Darby	F	67	FV3	7	Hastings AC	0:25:51.05	0:26:05.85
248	36	Kim	Callow	M	181	MV4	12	Hastings runners	0:25:50.60	0:26:06.85
249	257	Mark	Elvin	M	182	MV3	22		0:25:47.00	0:26:06.90
250	293	Julie	Lovell	F	68	FV1	13	Hastings AC	0:25:54.10	0:26:09.10
251	242	Faye	Dargan	F	69	FS	27		0:26:09.00	0:26:14.55
252	190	Rebecca	stonebanks	F	70	FV2	7	uckfield runners	0:26:03.75	0:26:22.25
253	38	Alicia	Caulfield	F	71	FV2	8	Eastbourne Rovers AC	0:26:22.30	0:26:34.50
254	353	Esther	Dunn	F	72	FV1	14	Hailsham Harriers	0:26:25.05	0:26:42.65
255	337	Carmel	Dunmall	F	73	FV4	7	Wadhurst Runners	0:26:35.65	0:26:45.90
256	70	Don	Falkner	M	183	MV7	2	Lewes Athletic	0:26:46.30	0:26:50.95
257	273	Michael	Ellis	M	184	MV6	7	Hastings Runners	0:26:34.60	0:26:54.05
258	295	Victoria	Harmer	F	74	FV3	8	Commando Fitness	0:26:36.80	0:26:55.80
259	106	Hilary	Humphreys	F	75	FV7	1	Seaford Striders RC	0:26:43.80	0:26:58.90
260	321	Sharon	Wheeler	F	76	FV4	8	Crowborough Runners	0:26:43.30	0:26:58.95
261	367	Michelle	Holdstock	F	77	FV1	15	Haywards Heath Harriers	0:26:48.75	0:27:00.55
262	75	Michael	Freeman	M	185	MS	74		0:26:57.00	0:27:16.25
263	156	Geoff	Parker	M	186	MV4	13	Horsham Joggers	0:27:09.80	0:27:21.60
264	276	Grant	Stevens	M	187	MS	75	Heart2Heart	0:27:06.95	0:27:26.00
265	39	Sophie	Cheek	F	78	FV1	16	Crowborough Runners	0:27:10.05	0:27:26.00
266	167	Lucie	Rexstrew	F	79	FS	28	crowborough runners	0:27:09.80	0:27:26.20
267	300	Vicky	Walker	F	80	FS	29		0:27:22.00	0:27:28.20
268	357	Paul	Curtis	M	188	MV2	29	Hastings Runners	0:27:11.25	0:27:28.50
269	177	Sarah	Sellens	F	81	FS	30	Hastings runners	0:27:11.70	0:27:29.40
270	166	Julie	Reeves	F	82	FS	31	Eastbourne Rovers	0:27:19.25	0:27:32.55
271	205	DEBRA	VAN AALST	F	83	FV4	9	Hastings Runners	0:27:13.85	0:27:33.40
272	342	Yan	WU	F	84	FV2	9		0:27:27.40	0:27:41.70
273	236	Ian	Willis	M	189	MS	76		0:27:39.20	0:27:44.95
274	228	Joshua	Atkinson	M	190	MS	77		0:27:41.95	0:27:48.55
275	172	Tom	Roper	M	191	MV4	14	Seaford Striders	0:27:33.15	0:27:49.10
276	247	Francis	Dowdall	M	192	MV4	15		0:27:25.00	0:27:50.50
277	251	David	Jago	M	193	MS	78		0:27:32.75	0:27:54.45
278	297	John	Stott	M	194	MV4	16		0:27:46.50	0:28:07.00
279	175	Nina	Rumsey	F	85	FV5	3	hailsham harriers	0:27:55.25	0:28:09.05
280	282	Laura	Manco	F	86	FV3	9		0:27:56.50	0:28:14.85

Bexhill 5K  
Sussex GP Results

Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Chip Time	Gun Time
281	238	Emma	Kellond	F	87	FS	32	Eastbourne Athletics	0:28:02.35	0:28:15.50
282	198	Helen	Tickner	F	88	FV3	10	hailsham harriers	0:28:09.55	0:28:22.25
283	197	Mark	Tickner	M	195	MS	79		0:28:09.45	0:28:22.35
284	320	Catherine	Denning	F	89	FS	33		0:28:23.95	0:28:37.70
285	68	David	Erskine	M	196	MS	80		0:28:26.20	0:28:41.40
286	51	Peter	Crane	M	197	MV6	8	Surrey WC	0:28:20.05	0:28:43.80
287	20	Gill	Boorman	F	90	FV2	10	Heathfield Road Runners	0:28:30.95	0:28:46.95
288	368	Frank	Keith	M	198	MV6	9		0:28:23.40	0:28:47.15
289	27	Maggi	Bradgate	F	91	FV5	4	crowborough runners	0:28:32.80	0:28:48.25
290	193	Lee	Tanner	M	199	MV1	23	Hastings Runners	0:28:44.75	0:29:07.60
291	96	Vicky	Heasman	F	92	FV1	17	heathfield road runners	0:28:59.75	0:29:16.30
292	18	Jennifer	Boniface	F	93	FV1	18	Horsham Joggers	0:29:00.25	0:29:21.90
293	126	Chris	Le Beau	M	200	MV6	10	Seaford Striders	0:29:08.35	0:29:27.05
294	188	Tim	Stickland	M	201	MV4	17		0:29:04.45	0:29:28.30
295	192	Ally	Tanner	F	94	FV3	11	Hasting Runners	0:29:08.60	0:29:30.90
296	7	Cathy	Bate	F	95	FV5	5	Bexhill Runners & Triathletes	0:29:24.50	0:29:39.40
297	345	Steph	Williams	F	96	FV1	19	Heathfeild Road Runners	0:29:49.95	0:30:06.50
298	312	Helen	Atkin	F	97	FV3	12	Healthfield Road Runners	0:29:49.95	0:30:06.50
299	266	Clayton	Bennett	M	202	MV2	30		0:30:13.60	0:30:31.80
300	288	Rob	Farley	M	203	MS	81		0:30:27.05	0:30:48.35
301	216	Clive	Wood	M	204	MV5	9	Road Runners Club	0:30:44.55	0:30:57.75
302	72	Tony	Flint	M	205	MV6	11	ARunners	0:30:43.60	0:31:00.90
303	277	Kelly	Leonard	F	98	FS	34	Heart2Heart	0:30:55.60	0:31:14.50
304	58	Michael	Dee	M	206	MV8	1	Henfield Joggers	0:31:14.65	0:31:32.55
305	309	Jane	Jeater	F	99	FV2	11	Hailsham Harriers	0:31:34.70	0:31:51.80
306	28	Angela	Brennan	F	100	FV3	13		0:31:29.80	0:31:53.00
307	142	Joanne	Morris	F	101	FV1	20		0:31:36.70	0:31:56.55
308	343	Martin	Burke	M	207	MV4	18	Wadhurst Runners	0:31:36.75	0:31:59.80
309	30	Michelle	Brookman	F	102	FS	35		0:31:54.20	0:32:17.05
310	159	Emma	Peak	F	103	FV1	21		0:32:07.90	0:32:26.70
311	280	Nick	Ralph	F	104	FV3	14		0:32:07.35	0:32:28.35
312	301	Erica	Wilson	F	105	FV7	2	Hastings Runners	0:32:08.85	0:32:30.05
313	109	Alistair	Jackson	M	208	MV7	3	Veterans AC	0:32:19.65	0:32:44.10
314	120	Chloe	Kirkin	F	106	FS	36	Crowborough runners	0:32:32.10	0:32:48.95
315	119	Steph	Kirkin	F	107	FS	37		0:32:32.80	0:32:50.05
316	366	Pat	Hide	F	108	FV4	10	Hailsham Harriers	0:32:56.00	0:33:17.80
317	212	Dominque	Welbury	M	209	MV4	19	Crowborough Runners	0:33:06.70	0:33:27.70
318	275	Sarah	Midgley	F	109	FV2	12	Heart2Heart	0:33:18.20	0:33:36.00
319	191	Benda	Styles	F	110	FV7	3	Crowborough Runners	0:33:36.15	0:33:59.20
320	60	Jennifer	Denyer	F	111	FV6	5	Haywards Heath Harriers	0:34:51.50	0:35:08.50
321	289	Sarah	Farley	F	112	FS	38		0:35:45.60	0:36:07.00
322	140	Michael	Middleton	M	210	MV9	1	Wadhurst Runners	0:40:02.65	0:40:27.80
323	346	Julia	Vine	F	113	FV3	15		0:41:21.70	0:41:44.55
324	57	Cynthia	Dee	F	114	FV7	4	Henfield Joggers	0:44:12.85	0:44:37.90
325	222	Nicola	Young	F	115	FV2	13	eastbourne rovers ac	0:47:24.85	0:47:38.90
326	330	Eddie	Dolan	M	211		1	BRT	0:52:15.45	0:52:36.95
327	333	Sam	Williams	F	116	FV1	22		0:52:16.60	0:52:37.05