

Bowl Water Sprint Triathlon  
11th August 2013

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	Swim to T1	T1	Bike	T2	Run	Finish Time
1	166	Nick	Shasha	35-39	1	M	1	Torq	0:12:48.00	0:01:47.95	0:00:54.25	0:32:50.75	0:00:45.55	0:18:23.95	1:07:30.45
2	109	Mark	Laing	40-44	1	M	2	MedwayTri	0:12:10.25	0:02:02.80	0:00:55.60	0:32:16.10	0:00:40.10	0:19:31.00	1:07:35.85
3	140	Simon	Paine	30-34	1	M	3	PoseRunningCoach.co.uk	0:12:29.10	0:01:48.10	0:00:52.20	0:32:20.80	0:00:41.00	0:20:04.65	1:08:15.85
4	77	Peter	Gibson	18-24	1	M	4		0:12:31.15	0:01:48.05	0:01:09.65	0:31:50.25	0:00:57.75	0:20:16.20	1:08:33.05
5	153	Barney	Reed	18-24	2	M	5		0:10:01.40	0:01:51.25	0:00:38.60	0:33:24.25	0:00:34.20	0:22:16.15	1:08:45.85
6	23	Paul	Blackmore	45-49	1	M	6	Team THE	0:12:54.70	0:02:08.90	0:00:43.95	0:31:23.40	0:00:38.30	0:21:45.05	1:09:34.30
7	188	Matthew	Usher	40-44	2	M	7	Team GingerMay	0:11:38.70	0:02:10.25	0:00:52.70	0:32:51.95	0:00:50.95	0:22:30.70	1:10:55.25
8	110	Alistair	Lang	35-39	2	M	8	Belgrave Harriers	0:11:44.35	0:02:20.80	0:00:56.80	0:32:05.25	0:00:47.20	0:23:08.65	1:11:03.05
9	329	Richard	Dolan	40-44	3	M	9	Beckenham Rugby Cyclists	0:04:34.10	0:03:01.45	0:01:42.05	0:35:57.55	0:01:29.95	0:25:03.45	1:11:48.55
10	31	Neil	Brooks	50-54	1	M	10	BTX - Brooks Team Xtreme	0:10:20.00	0:02:17.00	0:01:24.40	0:34:07.05	0:00:54.65	0:22:59.95	1:12:03.05
11	61	Gavin	Cunningham	35-39	3	M	11	Clapham Chasers	0:11:48.70	0:02:19.40	0:01:15.20	0:35:23.20	0:00:48.10	0:21:28.45	1:13:03.05
12	5	Pete	Andrews	30-34	2	M	12		0:13:20.40	0:02:21.00	0:00:55.00	0:35:00.80	0:00:50.45	0:21:07.10	1:13:34.75
13	163	Chris	Scarlett	35-39	4	M	13	Trisportnews racing	0:12:15.15	0:02:06.40	0:01:17.70	0:34:49.30	0:01:16.40	0:21:49.95	1:13:34.90
14	75	Chris	Frost	40-44	4	M	14	VO2 Maximum Racing Team	0:14:15.60	0:02:03.25	0:01:22.60	0:33:08.90	0:00:52.20	0:21:55.50	1:13:38.05
15	132	Ben	Murrells	35-39	5	M	15		0:13:46.45	0:01:57.15	0:01:26.45	0:33:28.10	0:00:42.15	0:22:24.60	1:13:44.90
16	122	Paul	McNulty	35-39	6	M	16		0:11:06.10	0:02:27.20	0:00:57.80	0:34:59.80	0:00:57.80	0:23:48.95	1:14:17.65
17	44	Ben	Cockburn	18-24	3	M	17	White Oak Tri	0:11:33.65	0:01:39.85	0:00:50.65	0:31:57.60	0:00:34.15	0:29:00.40	1:15:36.30
18	20	Simon	Baxter	40-44	5	M	18	Deal Tri	0:17:06.75	0:02:31.00	0:01:54.50	0:40:56.35	0:00:46.10	0:12:22.90	1:15:37.60
19	24	Bill	Boniface	50-54	2	M	19	Bexhill Runners & Triathletes	0:14:24.65	0:01:58.90	0:01:28.25	0:34:26.50	0:00:58.20	0:22:29.80	1:15:46.30
20	29	Tanya	Brightwell	40-44	1	F	1	Velorefined recing	0:11:21.35	0:02:01.95	0:01:00.70	0:34:44.95	0:00:45.50	0:26:09.70	1:16:04.15
21	197	Rachel	Willmott	25-29	1	F	2		0:13:52.55	0:02:01.25	0:00:48.30	0:35:13.15	0:01:00.15	0:23:26.80	1:16:22.20
22	117	Liz	Lumber	45-49	1	F	3		0:13:52.70	0:02:20.95	0:01:08.90	0:35:26.00	0:00:40.45	0:24:27.00	1:17:56.00
23	133	Simon	Neave	50-54	3	M	20	East Grinstead Tri Club	0:13:42.80	0:02:31.85	0:01:20.35	0:34:34.15	0:00:49.55	0:25:30.95	1:18:29.65
24	84	Leigh	Harris	35-39	7	M	21		0:13:27.50	0:02:13.25	0:01:13.20	0:34:20.85	0:01:02.95	0:26:45.50	1:19:03.25
25	121	Faye	McClelland	30-34	1	F	4	Bodyworks XTC	0:13:18.90	0:02:21.75	0:01:11.85	0:38:05.65	0:00:50.30	0:23:40.20	1:19:28.65
26	167	Daniel	Sims	25-29	1	M	22		0:10:46.85	0:01:40.40	0:00:43.05	0:31:44.15	0:00:38.00	0:34:32.40	1:20:04.85
27	112	Ian	Lewis	30-34	3	M	23		0:15:02.45	0:02:08.80	0:01:18.95	0:37:30.10	0:01:02.60	0:23:06.35	1:20:09.25
28	48	Catherine	Cooke	35-39	1	F	5	crystal palace triathletes	0:12:56.60	0:02:20.95	0:00:58.40	0:36:49.20	0:00:43.20	0:26:25.65	1:20:14.00
29	65	Philip	Denvir	25-29	2	M	24		0:16:00.25	0:02:19.15	0:01:18.15	0:35:01.45	0:00:48.45	0:24:47.55	1:20:15.00
31	169	Justin	Smith	25-29	3	M	25		0:12:52.90	0:02:32.10	0:01:40.10	0:36:29.65	0:00:59.55	0:26:06.85	1:20:41.15
32	102	Danny	Jenner	30-34	4	M	26	Larkfield AC	0:15:49.65	0:02:33.00	0:01:18.20	0:34:59.40	0:00:51.95	0:25:10.55	1:20:42.75
33	19	Katherine	Barrett	30-34	2	F	6	East Grinstead Tri	0:14:49.05	0:02:27.20	0:01:30.75	0:37:11.25	0:00:51.90	0:24:19.75	1:21:09.90
34	193	Tony	West	35-39	8	M	27		0:18:09.45	0:02:20.45	0:01:19.15	0:34:17.70	0:01:36.95	0:23:31.65	1:21:15.35
35	184	Russell	Todd	50-54	4	M	28		0:14:21.55	0:02:25.95	0:01:30.55	0:36:05.05	0:01:05.25	0:26:21.40	1:21:49.75
36	123	Mark	Mellor	25-29	4	M	29		0:13:43.70	0:02:23.00	0:04:36.35	0:38:37.75	0:01:29.80	0:21:00.85	1:21:51.45
38	178	Andrea	Sullivan	35-39	2	F	7		0	0	0:01:11.20	0:39:18.70	0:00:53.00	0:24:51.35	1:22:36.95
39	67	Elizabeth	Dunlop	55-59	1	F	8	Wight Tri	0:13:51.95	0:02:26.65	0:01:22.95	0:38:24.65	0:00:54.40	0:26:05.10	1:23:05.70
40	17	Timothy	Barker	50-54	5	M	30		0:14:24.60	0:02:24.80	0:01:23.20	0:36:24.75	0:00:49.50	0:27:47.65	1:23:14.50
41	185	Gary	Tuffield	30-34	5	M	31		0:15:03.00	0:02:39.20	0:01:41.45	0:37:05.10	0:01:11.40	0:25:53.50	1:23:33.65
42	158	Andy	Roots	35-39	9	M	32		0:15:14.05	0:02:22.40	0:05:03.20	0:36:40.30	0:01:23.45	0:22:59.35	1:23:42.75
43	66	Nicola	Dolan	18-24	1	F	9		0:13:36.10	0:02:41.45	0:02:14.80	0:39:39.80	0:01:05.00	0:24:33.10	1:23:50.25
44	157	Simon	Rodemark	25-29	5	M	33		0:15:31.30	0:02:19.85	0:01:50.50	0:38:45.70	0:00:45.05	0:24:39.05	1:23:51.45
45	93	Christopher	Hughes	18-24	4	M	34		0:17:28.05	0:02:52.20	0:01:39.20	0:36:54.30	0:00:48.65	0:24:40.60	1:24:23.00

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11th August 2013

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	Swim to T1	T1	Bike	T2	Run	Finish Time
46	86	James	Hayfield	30-34	6	M	35	Beagles Tri Squad	0:16:23.50	0:02:38.60	0:03:47.60	0:42:03.05	0:01:24.75	0:18:09.70	1:24:27.20
47	76	Hazel	Fulker	40-44	2	F	10		0:15:16.15	0:02:16.00	0:01:16.15	0:39:34.50	0:00:31.25	0:25:44.00	1:24:38.05
48	161	Mark	Ryalls	40-44	6	M	36	BRT	0:15:57.65	0:03:20.40	0:01:23.95	0:35:35.00	0:01:07.85	0:27:24.20	1:24:49.05
49	47	Mitch	Cooke	45-49	2	M	37	crystal palace triathletes	0:15:57.15	0:02:20.65	0:00:58.35	0:37:29.90	0:00:48.20	0:27:18.55	1:24:52.80
50	3	Richard	Allison	35-39	10	M	38		0:15:29.15	0:02:49.50	0:01:55.00	0:37:48.35	0:01:24.15	0:25:37.30	1:25:03.45
51	205	Richard	Allen	18-24	5	M	39		0:15:55.45	0:02:35.55	0:01:23.20	0:36:50.60	0:01:26.10	0:27:00.65	1:25:11.55
52	120	Nick	Mann	50-54	6	M	40	Trisportnews Racing	0:12:56.55	0:02:47.70	0:01:48.20	0:37:01.35	0:01:21.80	0:29:26.70	1:25:22.30
53	175	Phillip	Stocks	35-39	11	M	41		0:12:58.50	0:02:27.40	0:01:36.10	0:40:13.75	0:00:53.95	0:27:14.40	1:25:24.10
54	150	Daniel	Quinn	30-34	7	M	42		0:15:59.50	0:02:24.95	0:02:21.70	0:40:45.25	0:01:20.95	0:22:33.65	1:25:26.00
55	128	Rodger	Morley	30-34	8	M	43		0:14:20.15	0:02:17.25	0:02:18.55	0:40:29.35	0:01:03.05	0:25:02.30	1:25:30.65
56	2	Louise	Alan-Smith	50-54	1	F	11	Crystal Palace Triathletes	0:14:13.80	0:02:55.40	0:01:15.40	0:38:26.45	0:01:01.30	0:27:42.50	1:25:34.85
57	30	Liam	Brookes	25-29	6	M	44		0:17:19.30	0:02:38.85	0:02:19.55	0:37:14.15	0:01:09.75	0:24:54.75	1:25:36.35
58	35	Nick	Brown	18-24	6	M	45		0:15:58.85	0:02:33.65	0:02:26.20	0:37:32.50	0:00:34.90	0:26:42.05	1:25:48.15
59	60	Andrew	Cullum	35-39	12	M	46		0:14:31.45	0:02:18.80	0:01:48.05	0:38:35.75	0:01:13.40	0:27:31.00	1:25:58.45
60	107	Edward	Knox	25-29	7	M	47		0:16:26.75	0:02:42.00	0:01:47.55	0:36:27.60	0:01:14.80	0:27:32.40	1:26:11.10
61	156	ALEX	ROBSON	30-34	9	M	48		0:14:28.90	0:02:50.95	0:03:20.90	0:36:42.20	0:01:54.05	0:27:03.00	1:26:20.00
62	41	Ed	Chivers	30-34	10	M	49		0:13:31.30	0:02:31.55	0:03:10.05	0:41:40.70	0:01:10.30	0:24:18.70	1:26:22.60
63	165	Hayley	Seddon	25-29	2	F	12		0:17:09.30	0:02:07.05	0:02:08.70	0:37:55.30	0:01:25.40	0:25:37.25	1:26:23.00
64	11	Alastair	Badman	40-44	7	M	50		0:13:58.70	0:02:10.50	0	0	0	0	1:26:32.30
65	152	Claire	Reed	50-54	2	F	13	bodyworksxtc	0:15:14.80	0:02:27.35	0:01:11.75	0:39:21.55	0:00:39.30	0:27:45.80	1:26:40.55
66	54	Julie	Cowan	40-44	3	F	14	1066	0:14:27.85	0:02:30.80	0:01:40.20	0:39:35.90	0:01:07.75	0:27:27.00	1:26:49.50
67	126	Lisa	Moore	30-34	3	F	15		0:15:04.45	0:02:18.10	0:01:20.65	0:41:21.65	0:00:52.70	0:25:56.95	1:26:54.50
68	103	Emily	Jones	18-24	2	F	16	Bodyworks XTC	0:14:58.80	0:02:29.20	0:01:03.25	0:39:54.50	0:00:48.70	0:28:18.40	1:27:32.85
69	101	William	Jeffery	25-29	8	M	51		0:15:58.90	0:02:15.25	0:02:05.10	0:37:27.30	0:01:06.40	0:28:53.50	1:27:46.45
70	142	Graham	Pendred	55-59	1	M	52		0:16:22.10	0:03:13.75	0:01:02.75	0:37:19.40	0:01:08.55	0:28:42.10	1:27:48.65
71	8	Karen	Ayers	50-54	3	F	17	Crystal Palace Triathlon	0:15:38.15	0:02:24.40	0:01:07.70	0:37:48.65	0:01:00.55	0:30:00.25	1:27:59.70
72	106	Darren	Kirby	40-44	8	M	53		0:16:40.95	0:02:09.15	0:01:33.30	0:39:58.00	0:01:02.20	0:26:51.20	1:28:14.80
73	190	Dan	Walton	25-29	9	M	54		0:15:40.50	0:02:32.10	0:01:59.20	0:40:04.05	0:00:33.10	0:27:52.80	1:28:32.75
74	55	Robert	Cowell	35-39	13	M	55		0:17:49.25	0:02:56.80	0:02:40.95	0:37:09.20	0:01:03.20	0:26:56.55	1:28:35.95
75	1	Jeffrey	Adams	35-39	14	M	56		0:16:48.85	0:02:22.10	0:01:36.10	0:41:12.15	0:01:03.05	0:25:37.40	1:28:39.65
77	36	Nigel	Burnett	60-64	1	M	57	Team REP	0:14:43.30	0:02:46.00	0:01:42.80	0:39:15.50	0:01:10.35	0:29:38.20	1:29:16.15
78	198	Ben	Wood	30-34	11	M	58		0:15:38.95	0:02:12.80	0:02:47.85	0:45:31.25	0:00:43.45	0:22:27.70	1:29:22.00
79	79	Kate	Grant	30-34	4	F	18		0:15:22.35	0:03:10.95	0:01:34.60	0:41:53.15	0:01:18.50	0:26:04.85	1:29:24.40
80	151	Craig	Razzel	25-29	10	M	59		0:17:29.15	0:02:52.60	0:02:12.95	0:41:24.40	0:01:18.95	0:24:34.75	1:29:52.80
81	38	Adi	Chambers	25-29	3	F	19		0:16:17.65	0:03:16.05	0:01:22.00	0:38:34.80	0:01:20.05	0:29:09.25	1:29:59.80
82	97	Claire	Illingworth	25-29	4	F	20	Horsham Triathlon Club	0:14:11.20	0:02:26.05	0:01:19.75	0:40:43.45	0:00:57.50	0:30:27.60	1:30:05.55
83	192	Robert	Webb	35-39	15	M	60		0:16:20.05	0:02:16.20	0:03:43.95	0:40:05.15	0:01:23.80	0:26:21.05	1:30:10.20
84	149	Ella	Pyman	45-49	2	F	21		0:16:43.50	0:02:16.10	0:01:36.85	0:41:17.10	0:00:49.75	0:27:36.20	1:30:19.50
85	52	Alexis	Couchman	30-34	5	F	22		0:18:23.30	0:02:23.60	0:02:01.60	0:39:30.55	0:01:12.25	0:26:51.50	1:30:22.80
86	39	Stuart	Chell	40-44	9	M	61		0:15:56.10	0:02:38.25	0:01:42.75	0:41:47.15	0:00:52.35	0:27:29.55	1:30:26.15
87	53	Clare	Cousins	25-29	5	F	23		0:14:53.00	0:02:41.50	0:01:39.75	0:41:42.95	0:00:38.10	0:29:01.70	1:30:37.00
88	50	Julian	Cosser	40-44	10	M	62		0:14:06.10	0:02:36.30	0:02:00.95	0:42:44.90	0:01:10.50	0:27:59.05	1:30:37.80
89	111	Richard	Laver	45-49	3	M	63		0:19:16.55	0:02:45.25	0:02:11.00	0:38:31.15	0:01:01.00	0:26:53.05	1:30:38.00

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90	181	Gemma	Taylor	25-29	6	F	24	Clapham Chasers	0:13:13.55	0:02:19.90	0:01:16.45	0:45:32.15	0:01:02.90	0:27:26.95	1:30:51.90
91	74	Rodney	Fraser	40-44	11	M	64		0:17:35.70	0:02:19.95	0:02:14.60	0:40:11.95	0:01:25.65	0:27:35.15	1:31:23.00
92	27	David	Brayley	30-34	12	M	65		0:16:50.30	0:02:41.90	0:01:46.05	0:41:09.10	0:01:10.05	0:28:15.20	1:31:52.60
93	87	John	Heaney	40-44	12	M	66		0:18:55.05	0:03:08.55	0:02:06.40	0:39:27.80	0:01:23.40	0:27:26.80	1:32:28.00
94	203	Elle	Young	25-29	7	F	25		0:16:46.95	0:02:23.90	0:01:49.75	0:44:34.85	0:00:36.70	0:26:19.85	1:32:32.00
95	25	Mark	Boulden	30-34	13	M	67		0:19:14.75	0:02:53.40	0:01:22.45	0:38:48.45	0:00:53.90	0:29:38.40	1:32:51.35
96	95	Adam	Humphreys	25-29	11	M	68		0:18:32.75	0:02:50.50	0:02:54.75	0:38:27.35	0:00:56.40	0:29:11.40	1:32:53.15
97	105	David	Kenyon	35-39	16	M	69		0:17:04.30	0:02:30.50	0:03:07.20	0:42:19.75	0:01:23.15	0:26:34.65	1:32:59.55
98	168	Claire	Sliwerski	30-34	6	F	26	London Heathside AC	0:14:32.40	0:02:49.95	0:02:21.70	0:42:44.10	0:01:06.40	0:29:41.35	1:33:15.90
99	134	Daniel	Neeves	35-39	17	M	70		0:19:01.65	0:02:35.10	0:02:17.70	0:40:52.90	0:00:57.85	0:27:34.70	1:33:19.90
100	91	Genelle	Horkings	35-39	3	F	27		0:15:20.65	0:02:37.10	0:02:41.10	0:42:54.85	0:01:15.55	0:28:39.05	1:33:28.30
101	15	Chris	Barge	18-24	7	M	71		0:14:35.65	0:02:28.90	0:02:54.75	0:46:13.60	0:00:42.20	0:26:44.05	1:33:39.15
102	33	Nadja	Brouwer	30-34	7	F	28	Greenwich Tritons	0:17:19.45	0:02:25.75	0:01:35.55	0:39:42.25	0:01:02.70	0:31:37.20	1:33:42.90
103	138	Will	O'Nions	18-24	8	M	72		0:17:13.55	0:02:35.15	0:03:37.05	0:44:47.90	0:01:08.10	0:24:22.20	1:33:43.95
104	113	Amy	Miles	25-29	8	F	29	Team Pillipenis	0:16:43.00	0:02:42.95	0:01:26.80	0:43:39.15	0:00:40.50	0:28:33.60	1:33:46.00
105	124	Julie	Miles	35-39	4	F	30		0:14:20.50	0:03:06.65	0:02:23.10	0:46:00.10	0:01:13.70	0:26:52.75	1:33:56.80
106	137	Paul	Olding	40-44	13	M	73		0:13:48.35	0:02:29.85	0:02:17.65	0:45:46.50	0:00:40.65	0:28:54.90	1:33:57.90
107	200	Amy	Wright	25-29	9	F	31	East Essex Tri Club	0:15:00.75	0:02:46.50	0:01:51.65	0:44:18.80	0:01:25.00	0:29:05.65	1:34:28.35
108	141	Richard	Pearson	65-69	1	M	74		0:18:43.15	0:03:29.85	0:00:48.95	0:38:56.65	0:00:47.55	0:32:19.20	1:35:05.35
109	6	Tracey	Apperley	45-49	3	F	32	Newmarket Cycling & Triathlon	0:18:30.75	0:02:43.25	0:01:36.70	0:43:37.10	0:00:59.35	0:27:48.25	1:35:15.40
110	56	Emma	Cox	25-29	10	F	33	Horsham Tri Club	0:17:06.65	0:02:37.15	0:01:29.10	0:46:02.30	0:01:00.05	0:27:00.70	1:35:15.95
111	172	Cas	Sparks	45-49	4	F	34		0:18:27.50	0:03:04.00	0:01:24.95	0:41:58.50	0:01:11.55	0:29:44.00	1:35:50.50
112	179	John	Sullivan	Unknown		M	75		0:15:57.35	0:03:13.30	0:02:06.45	0:45:20.05	0:02:08.20	0:28:55.00	1:37:40.35
113	183	Peter	Thorne	30-34	14	M	76		0:23:54.05	0:03:04.65	0:01:49.90	0:40:17.75	0:00:45.35	0:28:28.70	1:38:20.40
114	40	Ross	Chell	35-39	18	M	77		0:18:17.75	0:02:56.05	0:01:49.40	0:44:22.95	0:01:04.40	0:29:58.20	1:38:28.75
115	176	Rhiannon	Stokes	25-29	11	F	35	Greenwich Tritons	0:16:38.05	0:03:08.90	0:02:14.70	0:44:40.30	0:01:31.10	0:30:18.00	1:38:31.05
116	82	Jonathan	Harris	45-49	4	M	78		0:19:27.45	0:03:25.90	0:02:30.75	0:43:09.45	0:01:25.80	0:29:04.75	1:39:04.10
117	129	Andy	Morris	30-34	15	M	79		0:19:59.55	0:02:56.50	0:02:41.25	0:43:13.10	0:01:34.20	0:29:30.85	1:39:55.45
118	10	John	Bacon	Unknown		M	80	7Oaks	0:15:55.75	0:03:41.30	0:01:48.50	0:42:06.65	0:01:58.05	0:35:23.40	1:40:53.65
119	16	Tabitha	Barker	18-24	3	F	36		0:15:16.50	0:02:56.80	0:01:33.20	0:48:11.90	0:01:04.55	0:32:10.65	1:41:13.60
120	162	Amy	Salvage	25-29	12	F	37		0:15:15.80	0:02:43.30	0:01:57.25	0:45:51.70	0:01:10.15	0:34:20.05	1:41:18.25
121	144	Catherine	Pinchen	45-49	5	F	38	Greenwich Tritons	0:17:43.15	0:03:10.70	0:02:18.65	0:46:28.20	0:01:08.40	0:30:39.40	1:41:28.50
122	148	Diana	Portman	35-39	5	F	39		0:16:42.20	0:03:04.10	0:01:29.95	0:44:08.85	0:01:06.45	0:35:07.70	1:41:39.25
123	62	Roger	Davies	40-44	14	M	81		0:15:30.70	0:02:53.20	0:06:45.60	0:45:14.70	0:01:31.20	0:29:44.50	1:41:39.90
124	13	Alex	Barbour	40-44	4	F	40		0:16:54.05	0:02:49.20	0:03:24.40	0:45:28.40	0:01:00.50	0:32:42.85	1:42:19.40
125	173	Leigh	Stace	40-44	15	M	82		0:22:05.15	0:03:29.80	0:03:04.30	0:43:05.85	0:01:07.35	0:29:50.95	1:42:43.40
126	202	Rob	Yates	45-49	5	M	83		0:16:59.30	0:03:53.10	0:02:49.65	0:43:43.70	0:01:28.55	0:34:21.50	1:43:15.80
127	116	Dominique	Louis	45-49	6	M	84	Greenwich Tritons	0:16:04.70	0:03:42.55	0:02:06.75	0:49:13.95	0:02:17.20	0:29:56.50	1:43:21.65
128	22	Nanu	Bhana	40-44	16	M	85		0:21:59.25	0:02:51.50	0:03:23.80	0:41:19.60	0:02:07.05	0:32:22.05	1:44:03.25
129	94	Daniel	Humble	40-44	17	M	86		0:20:10.45	0:03:49.15	0:02:07.30	0:44:15.70	0:01:30.60	0:32:16.10	1:44:09.30
130	182	Clare	Templeman	35-39	6	F	41		0:19:27.15	0:03:44.85	0:03:11.00	0:45:45.90	0:01:54.55	0:30:07.85	1:44:11.30
131	159	Sue	Rowlands	45-49	6	F	42	Crystal Palace Tri	0:20:09.20	0:02:59.35	0:02:02.05	0:43:15.10	0:01:05.00	0:34:52.40	1:44:23.10
132	83	Guy	Harris	50-54	7	M	87		0:18:23.30	0:03:17.85	0:01:56.30	0:41:22.60	0:01:19.90	0:38:19.85	1:44:39.80

Bewl Water Sprint Triathlon  
11th August 2013

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	Swim to T1	T1	Bike	T2	Run	Finish Time
133	21	Scott	Beveridge	30-34	16	M	88		0:18:33.75	0:03:04.80	0:02:45.00	0:48:27.95	0:00:53.60	0:31:56.95	1:45:42.05
134	63	Claire	De Nervaux	50-54	4	F	43	Brighton Triathlon	0:20:02.95	0:03:08.75	0:03:37.40	0:46:33.65	0:01:08.30	0:31:51.65	1:46:22.70
135	171	Ian	Soady	40-44	18	M	89		0:20:16.20	0:02:55.85	0:03:29.85	0:46:23.85	0:02:02.35	0:31:46.45	1:46:54.55
136	201	Catherine	Wright	30-34	8	F	44		0:16:57.35	0:02:43.15	0:03:55.25	0:51:29.35	0:01:02.70	0:30:57.95	1:47:05.75
137	18	Penny	Barnard-Brown	25-29	13	F	45	Greenwich Tritons	0:19:49.20	0:02:53.50	0:01:52.20	0:50:11.65	0:01:24.95	0:31:49.25	1:48:00.75
138	34	Sarah	Brown	30-34	9	F	46		0:20:36.90	0:02:37.25	0:03:25.05	0:50:59.70	0:01:01.65	0:29:21.20	1:48:01.75
139	89	Lisa	Hodgson	30-34	10	F	47		0:19:28.55	0:03:08.10	0:02:03.80	0:49:00.20	0:00:49.20	0:34:13.80	1:48:43.65
140	90	Paul	Hopkins	40-44	19	M	90		0:26:25.00	0:03:08.20	0:04:04.35	0:45:53.90	0:02:14.15	0:27:11.65	1:48:57.25
141	72	Helen	Fairs	45-49	7	F	48	East Grinstead Triathlon Club	0:19:29.45	0:03:05.75	0:01:52.45	0:48:44.70	0:01:19.95	0:34:36.55	1:49:08.85
142	81	Chas	Hall	55-59	2	M	91		0:20:45.10	0:03:17.85	0:05:29.75	0:48:02.35	0:01:03.65	0:30:50.90	1:49:29.60
143	78	Caitlin	Goosey	30-34	11	F	49		0:18:16.40	0:02:33.80	0:02:55.25	0:50:42.60	0:01:24.60	0:34:10.30	1:50:02.95
144	58	Emma	Critchley	35-39	7	F	50		0:18:48.20	0:03:16.25	0:03:27.35	0:49:02.65	0:02:44.15	0:34:55.40	1:52:14.00
145	199	Mel	Wren	35-39	8	F	51		0:18:46.20	0:03:07.20	0:02:07.00	0:52:17.05	0:02:08.30	0:34:52.90	1:53:18.65
146	43	Simon	Clark	45-49	7	M	92		0:16:08.65	0:03:30.30	0:08:24.50	0:55:06.95	0:01:47.25	0:29:05.40	1:54:03.05
147	130	Lizzy	Mugeridge	35-39	9	F	52	Mornington Chasers	0:22:11.15	0:04:07.25	0:03:26.85	0:56:33.35	0:01:06.60	0:28:25.75	1:55:50.95
148	143	Letitia	Perry	25-29	14	F	53		0:17:02.25	0:02:54.60	0:03:17.80	0:57:13.05	0:01:04.90	0:34:51.75	1:56:24.35
149	115	Hilary	Logan	30-34	12	F	54	Greenwich Tritons	0:18:20.95	0:03:48.50	0:03:02.60	0:50:40.30	0:01:30.80	0:39:22.65	1:56:45.80
150	26	Michael	Bowles	50-54	8	M	93		0:18:35.55	0:03:07.90	0:04:16.70	0:50:21.45	0:02:33.75	0:39:13.70	1:58:09.05
151	187	Alistair	Turner	35-39	19	M	94		0:18:27.50	0:03:14.60	0:04:06.60	1:04:16.80	0:00:45.90	0:27:45.10	1:58:36.50
152	37	Alexena	Cayless	40-44	5	F	55		0:21:02.90	0:04:45.05	0:02:41.80	0:51:27.20	0:01:21.80	0:37:31.40	1:58:50.15
153	147	Sue	Pople	50-54	5	F	56	Crowborough Tri Club	0:18:17.30	0:02:53.90	0:02:45.15	0:59:02.60	0:01:09.80	0:35:23.55	1:59:32.30
154	114	Toby	Lockerbie	30-34	17	M	95		0:17:45.80	0:02:58.60	0:02:28.10	1:05:17.25	0:01:10.95	0:30:49.95	2:00:30.65
155	28	Grainne	Brett	35-39	10	F	57		0:18:25.15	0:03:52.50	0:06:16.30	0:59:37.95	0:02:08.10	0:32:59.30	2:03:19.30
156	42	Philip	Clare	45-49	8	M	96		0:30:15.15	0:03:51.70	0:02:39.95	0:43:09.70	0:01:40.95	0:43:08.00	2:04:45.45
157	49	Anna	Cooke	25-29	15	F	58		0:20:19.30	0:02:42.50	0:09:53.65	0:55:13.45	0:01:47.85	0:35:24.25	2:05:21.00
158	191	Ann	Watson	55-59	2	F	59	Rebel Tri	0:23:36.15	0:03:30.05	0:03:01.65	0:53:13.95	0:01:46.15	0:40:34.55	2:05:42.50
159	186	Yvonne	Turner	35-39	11	F	60		0:25:47.35	0:03:39.65	0:03:30.65	0:55:37.40	0:01:05.85	0:38:11.40	2:07:52.30
160	51	LORNA	COTTER	45-49	8	F	61	BRT	0:24:25.50	0:04:36.05	0:03:26.20	0:55:25.60	0:01:17.65	0:41:22.30	2:10:33.30
161	174	Darryl	Stace	40-44	20	M	97		0:23:43.15	0:04:18.25	0:02:51.60	0:58:11.00	0:02:00.95	0:42:39.50	2:13:44.45
DNF	104	Amy	Jordan	25-29	DNF	F	DNF	Brighton Tri Club	0:18:03.55	0:02:27.80	0:01:57.50	1:38:08.95	0:04:16.10	0	0
DNF	189	Annemarie	Visser	50-54	DNF	F	DNF		0:14:22.55	0:02:45.15	0:03:17.85	0:45:31.40	0:01:22.25	0:12:59.05	1:20:18.25
DNF	85	Jenny	Hassall	50-54	DNF	F	DNF		0:17:15.70	0:03:24.35	0:02:26.15	0:48:19.40	0:01:52.70	0:15:33.35	1:28:51.65
DNF	70	Scott	Ellis	40-44	DNF	M	DNF	Ocean Tri Club	0:15:38.10	0:02:42.40	0:04:00.50	0:02:14.55	0	0	0
DNF	146	Alan	Pople	50-54	DNF	M	DNF	Crowborough Tri club	0:16:51.45	0:02:42.15	0:02:17.25	0:41:15.75	0:00:39.25	0	0
DNF	59	David	Crouch	60-64	DNF	M	DNF	B.R.T.	0:14:38.20	0:02:56.80	0:02:31.85	0:44:36.60	0:00:53.20	0:16:26.85	1:22:03.50
DQ	80	Shirlee	Granville	35-39	DQ	F	DQ		0:24:13.20	0:03:32.05	0:04:09.60	0:56:28.00	0:01:00.50	0:32:07.30	2:01:30.65
DQ	14	Tom	Bardwell	25-29	DQ	M	DQ		0:17:05.30	0:02:32.05	0:02:47.35	0:36:25.45	0:01:19.85	0:23:04.15	1:23:14.15
DQ	145	Samuel	Pointer	25-29	DQ	M	DQ		0:16:04.70	0:02:16.40	0:01:34.50	0:40:08.20	0:00:40.75	0:25:27.95	1:26:12.50
DQ	170	Tom	Smith	25-29	DQ	M	DQ		0:14:01.55	0:02:16.00	0:02:04.10	0:40:55.80	0:01:04.75	0:28:07.75	1:28:29.95
DQ	164	Team	Trisportnews Racing	Team	DQ	T	DQ	Trisportnews Racing	0:12:52.60	0:02:30.80	0:01:04.80	0:39:40.50	0:00:43.80	0:18:34.15	1:15:26.65